

Plancharel's Theorem

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Let $f \in L^1(\mathbb{R}) \cap L^2(\mathbb{R})$ be a complex-valued function. We will use the convention that

$$\tilde{f}(k) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} dx f(x) e^{-ikx}, \quad f(x) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} dk \tilde{f}(k) e^{ikx}.$$

We want to prove that

$$\int_{-\infty}^{\infty} dx |f(x)|^2 = \int_{-\infty}^{\infty} dk |\tilde{f}(k)|^2$$

or, equivalently, $\|f\|_2^2 = \|\tilde{f}\|_2^2$. Under a different convention for the Fourier transformation, there might be some factors of 2π floating around.

$$\begin{aligned} \|f\|_2^2 &= \int_{-\infty}^{\infty} dx |f(x)|^2 = \int_{-\infty}^{\infty} dx f(x)^* f(x) \\ &= \frac{1}{2\pi} \int_{-\infty}^{\infty} dx \left[\int_{-\infty}^{\infty} dk \tilde{f}(k)^* e^{-ikx} \cdot \int_{-\infty}^{\infty} dk' \tilde{f}(k') e^{ik'x} \right] \\ &= \frac{1}{2\pi} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} dx dk dk' \tilde{f}(k)^* \tilde{f}(k') e^{ik'x} e^{-ikx} \\ &= \frac{1}{2\pi} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} \int_{-\infty}^{\infty} dx dk dk' \tilde{f}(k)^* \tilde{f}(k') e^{ix(k'-k)}, \end{aligned}$$

where $z^* = \bar{z}$ denotes the complex conjugate of $z \in \mathbb{C}$. The Fourier transformation $\tilde{\delta}(k)$ of $\delta(x)$ is

$$\tilde{\delta}(k) = \frac{1}{\sqrt{2\pi}} \int_{-\infty}^{\infty} dx \delta(x) e^{-ikx} = \frac{1}{\sqrt{2\pi}},$$

so

$$\delta(x) = \frac{1}{2\pi} \int_{-\infty}^{\infty} dk e^{ikx}.$$

Using this,

$$\begin{aligned} \int_{-\infty}^{\infty} dx |f(x)|^2 &= \iint_{-\infty}^{\infty} dk dk' \delta(k' - k) \tilde{f}(k)^* \tilde{f}(k') \\ &= \int_{-\infty}^{\infty} dk \tilde{f}(k)^* \tilde{f}(k) \\ &= \int_{-\infty}^{\infty} dk |\tilde{f}(k)|^2 = \|\tilde{f}\|_2^2, \end{aligned}$$

giving $\|f\|_2^2 = \|\tilde{f}\|_2^2$. \square