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# Lower bounds on the smallest eigenvalue of a sample covariance matrix<sup>\*</sup>

Pavel Yaskov<sup>†</sup>

#### Abstract

We provide tight lower bounds on the smallest eigenvalue of a sample covariance matrix of a centred isotropic random vector under weak or no assumptions on its components.

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# **1** Introduction

Lower bounds on the smallest eigenvalue of a sample covariance matrix (or a Gram matrix) play a crucial role in the least squares problems in high-dimensional statistics (see, for example, [5]). These problems motivate the present work.

For a random vector  $X_p$  in  $\mathbb{R}^p$ , consider a random  $p \times n$  matrix  $\mathbf{X}_{pn}$  with independent columns  $\{X_{pk}\}_{k=1}^n$  distributed as  $X_p$  and the Gram matrix

$$\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top} = \sum_{k=1}^{n} X_{pk} X_{pk}^{\top}.$$

If  $X_p$  is centred, then  $n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}$  is the sample covariance matrix corresponding to the random sample  $\{X_{pk}\}_{k=1}^{n}$ . For simplicity, we will further assume that  $X_p$  is isotropic, i.e.  $\mathbb{E}X_pX_p^{\top} = I_p$  for a  $p \times p$  identity matrix  $I_p$ , and consider only those p which are not greater than n (otherwise  $\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}$  would be degenerate).

In this paper we derive sharp lower bounds for  $\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top})$ , where  $\lambda_p(A)$  is the smallest eigenvalue of a  $p \times p$  matrix A. We try to impose as few restrictions on the components of  $X_p$  as possible. In proofs we use the same strategy as in [6].

## 2 Main results

Put 
$$c_p(a) = \inf \mathbb{E} \min\{(X_p, v)^2, a\}$$
,  $C_p(a) = \sup \mathbb{E}(X_p, v)^2 \min\{(X_p, v)^2, a\}$ ,  
 $L_p(\alpha) = \sup \mathbb{E}|(X_p, v)|^{2+\alpha}$  and  $K_p = \inf \mathbb{E}|(X_p, v)|$ 

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 $<sup>^\</sup>dagger Steklov$  Mathematical Institute of RAS, Russia. E-mail: <code>yaskov@mi.ras.ru</code>

for given  $a, \alpha > 0$ , where all suprema and infima are taken over  $v \in \mathbb{R}^p$  with ||v|| = 1, and  $||v|| = (\sum_{i=1}^p v_i^2)^{1/2}$  is the Euclidean norm of  $v = (v_1, \ldots, v_p)$ . Denote also by  $M_p(\alpha)$  the infimum over all M > 0 such that

$$\mathbb{P}(|(X_p,v)|>t)\leqslant \frac{M}{t^{2+\alpha}}\quad\text{for all }t>0\text{ and }v\in\mathbb{R}^p,\,\|v\|=1.$$

Our main lower bounds are as follows.

**Theorem 2.1.** If  $X_p$  is an isotropic random vector in  $\mathbb{R}^p$  and  $p/n \leq y$  for some  $y \in (0, 1)$ , then, for all a > 0,

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge c_p(a) - \frac{C_p(a)}{a} - 5ay + \frac{\sqrt{C_p(2a)Z}}{\sqrt{n}}$$

for a centred random variable Z = Z(p, n, a) with  $\mathbb{P}(Z < -t) \leqslant e^{-t^2/2}$ , t > 0.

**Theorem 2.2.** Let  $X_p$  be an isotropic random vector in  $\mathbb{R}^p$ ,  $p/n \leq y$  for some  $y \in (0, 1)$ . If  $L_p(2) < \infty$ , then

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge 1 - 4C\sqrt{y} + \frac{CZ}{\sqrt{n}}$$

for  $C = \sqrt{L_p(2)}$  and some Z = Z(p, n) with  $\mathbb{E}Z = 0$  and  $\mathbb{P}(Z < -t) \leq e^{-t^2/2}$ , t > 0. Moreover, there are universal constants  $C_0, C_1, C_2 > 0$  such that

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge C_0 K_p^2 + \frac{C_1 Z}{\sqrt{n}}$$

whenever  $y \leq C_2 K_p^2$  and Z = Z(p, n) as above.

Useful bounds for  $c_p(a)$  and  $C_p(a)$  in terms of  $L_p(\alpha)$  and  $M_p(\alpha)$  are given in the following proposition.

**Proposition 2.3.** Let  $X_p$  be an isotropic random vector in  $\mathbb{R}^p$ . Then, for all  $a, \alpha > 0$ ,

$$c_p(a) \geqslant 1 - rac{L_p(lpha)}{a^{lpha/2}} \quad ext{and} \quad c_p(a) \geqslant 1 - rac{2lpha^{-1}M_p(lpha)}{a^{lpha/2}},$$

In addition, for all  $\alpha \in (0,2]$  and each a > 0,  $C_p(a)$  is bounded from above by

$$a^{1-lpha/2}L_p(lpha) \quad \text{and} \quad (1+2/lpha)M_p(lpha)a^{1-lpha/2} + \begin{cases} 2M_p(lpha)a^{1-lpha/2}/(1-lpha/2), & lpha \in (0,2), \\ 2M_p(2)\log\max\{a,1\}+1, & lpha=2. \end{cases}$$

#### **3** Applications

We now describe different corollaries of Theorem 2.1 and Theorem 2.2. The next corollary extends Theorem 1.3 in [4] and Theorem 3.1 in [5] (for  $A_i = X_{pi} X_{pi}^{\top}$ ).

**Corollary 3.1.** Let  $X_p$  be an isotropic random vector in  $\mathbb{R}^p$ ,  $p/n \leq y$  for some  $y \in (0,1)$  and  $L_p(\alpha) < \infty$  for some  $\alpha \in (0,2]$ . Then, with probability at least  $1 - e^{-p}$ ,

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge 1 - C_{\alpha} y^{\alpha/(2+\alpha)},$$

where

$$C_{\alpha} = \begin{cases} 9(L_p(\alpha))^{2/(2+\alpha)}, & \alpha \in (0,2), \\ (4+\sqrt{2})\sqrt{L_p(2)}, & \alpha = 2. \end{cases}$$

**Remark 3.2.** One may further weaken assumptions in Corollary 3.1. Namely, one may assume that  $M_p(\alpha) < \infty$  for some  $\alpha \in (0, 2)$ . The conclusion of Corollary 3.1 will still hold with some  $C_{\alpha} > 0$  that depends only on  $\alpha$  and  $M_p(\alpha)$ . In the case  $\alpha = 2$ , one would have a lower bound of the form  $1 - C_2 \sqrt{y \log(e/y)}$  with  $C_2 > 0$  depending only on  $M_p(2)$ .

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Theorems 2.1 and 2.2 improve Theorem 2.1 in [6] as the next corollary shows.

**Corollary 3.3.** Let  $X_p$  be an isotropic random vector in  $\mathbb{R}^p$ . If  $L_p(\alpha) < \infty$  for some  $\alpha \in (0,2)$  and  $p/n \leq \varepsilon^{1+2/\alpha}/(5(4L_p(\alpha))^{2/\alpha})$ , then

$$\mathbb{E}\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge 1 - \varepsilon.$$

The same conclusion holds if  $L_p(2) < \infty$  and  $n \ge 16L_p(2)\varepsilon^{-2}p$ .

Let us formulate the final corollary that improves Theorem 3.1 in [4] for small  $K_p$ .

**Corollary 3.4.** Let  $X_p$  be an isotropic random vector in  $\mathbb{R}^p$ . Then there are universal constants  $C_0^*, C_1^*, C_2^* > 0$  such that, with probability at least  $1 - \exp\{-C_1^* K_p^4 n\}$ ,

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \geqslant C_0^* K_p^2$$

when  $p/n \leq C_2^* K_p^2$ .

The range of applicability of Corollary 3.4 is very wide. Namely, there exist some universal constant K > 0 such that  $K_p \ge K$  for a very large class of isotropic random vectors  $X_p$ . By Corollary 3.4, this means that  $\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top})$  is separated from zero by an universal constant.

The existence of K follows from results related to Kashin's decomposition theorem. The infinite dimensional version of this theorem is given in Kashin [2] (for a proof, see [3]). It states the following.

There is an universal constant K > 0 such that  $L_2(0,1) = H_1 \oplus H_2$  for some linear subspaces of  $H_i \subset L_2(0,1)$ , i = 1, 2, such that  $||x||_1 \ge K ||x||_2$  for all  $x \in H_1 \cup H_2$ , where  $||x||_d$  is the standard norm in  $L_d(0,1)$ , d = 1, 2.

Let  $(\Omega, \mathcal{F}, \mathbb{P})$  be an underlying probability space. Assume that  $\Omega = (0, 1)$ ,  $\mathcal{F}$  is the Borel  $\sigma$ -algebra and  $\mathbb{P}$  is the Lebesgue measure. If all components of  $X_p = (x_1, \ldots, x_p)$  are in  $H_1$ , or all components of  $X_p$  are in  $H_2$ , then  $K_p \ge K$ .

If we consider only discrete random vectors  $X_p$ , we may say more. Namely, Kashin [1] proved that, for any  $\delta > 0$  and all  $N \in \mathbb{N}$ ,  $\mathbb{R}^N$  contains a linear subspace H with  $\dim H \ge (1-\delta)N$  such that  $|e|_1 \ge K|e|_2$  for some  $K = K(\delta) > 0$  not depending on N and all  $e = (e_1, \ldots, e_N) \in H$ ,<sup>1</sup> where

$$|e|_d = \left(\frac{1}{N}\sum_{i=1}^N |e_i|^d\right)^{1/d}, \quad d = 1, 2$$

In particular, if  $\{e^{(k)}\}_{k=1}^p$  is any orthonormal system in H and  $\{x^{(i)}\}_{i=1}^N$  are columns of the  $p \times N$  matrix with rows  $\{(e^{(k)})^{\top}\}_{k=1}^p$ , then, for all  $v = (v_1, \ldots, v_p) \in \mathbb{R}^p$  with  $\|v\| = \sqrt{\sum_{j=1}^p v_j^2} = 1$ ,

$$K = K \left( \frac{1}{N} \sum_{i=1}^{N} |(x^{(i)}, v)|^2 \right)^{1/2} = K \left| \sum_{k=1}^{p} v_k e^{(k)} \right|_2 \leq \left| \sum_{k=1}^{p} v_k e^{(k)} \right|_1 = \frac{1}{N} \sum_{i=1}^{N} |(x^{(i)}, v)|.$$

If  $X_p$  is such that  $\mathbb{P}(X_p = x^{(i)}) = 1/N, 1 \leq i \leq N$ , then  $K_p \geq K = K(\delta)$ .

#### 4 Proofs.

In proofs of Theorem 2.1 and Theorem 2.2, we follow the strategy of Srivastava and Vershynin [6]. The key step is the following lemma.

<sup>&</sup>lt;sup>1</sup>In fact, the Haar measure of such orthogonal matrices C that  $H = CH_1$  satisfies this property is greater than  $1 - 2^{-N}$  for some  $K = K(\delta) > 0$ , where  $H_1 = \{(e_1, \ldots, e_N) \in \mathbb{R}^N : e_i = 0, i \ge (1 - \delta)N + 1\}$  (see [1]).

**Lemma 4.1.** Let A be a  $p \times p$  symmetric matrix with  $A \succ 0$ ,  $v \in \mathbb{R}^p$ ,  $l \ge 0$ ,

$$Q(l,v) = v^{\top} (A - lI_p)^{-1} v \quad \text{and} \quad q(l,v) = \frac{v^{\top} (A - lI_p)^{-2} v}{\operatorname{tr} (A - lI_p)^{-2}}, \tag{4.1}$$

hereinafter  $A \succ 0$  means that A is positive definite. If  $A - lI_p \succ 0$  and

$$\Delta = \frac{q(l,v)}{1 + 3\varphi q(l,v) + Q(l,v)}$$

 $\textit{then } A - (l + \Delta) I_p \succ 0 \textit{ and } \mathrm{tr} (A + vv^\top - (l + \Delta) I_p)^{-1} \leqslant \varphi.$ 

The proof of Lemma 4.1 is given in Appendix.

The strategy itself consists in the following. Let  $A_0$  be a  $p \times p$  zero matrix and

$$A_k = \sum_{j=1}^k X_{pj} X_{pj}^{\top}, \quad 1 \leqslant k \leqslant n.$$

Consider some  $\varphi > 0$  and take  $l_0 = -p/\varphi$  that satisfies  $\operatorname{tr}(A_0 - l_0 I_p)^{-1} = \varphi$ . Put  $l_k = l_{k-1} + \Delta_k$  for  $1 \leq k \leq n$ , where

$$\Delta_k = \frac{q_k(l_{k-1}, X_{pk})}{1 + 3\varphi q_k(l_{k-1}, X_{pk}) + Q_k(l_{k-1}, X_{pk})},$$

 $Q_k(l_{k-1}, X_{pk})$  and  $q_k(l_{k-1}, X_{pk})$  are defined as Q(l, v) and q(l, v) in (4.1) with  $A = A_{k-1}$ and  $v = X_{pk}$ . Applying Lemma 4.1 iteratively, we infer that  $\operatorname{tr}(A_k - l_k I_p)^{-1} \leq \varphi$  and  $A_k - l_k I_p \succ 0$  for all  $1 \leq k \leq n$ . Therefore,

$$\lambda_p(\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) = \lambda_p(A_n) \ge l_n = l_0 + \Delta_1 + \ldots + \Delta_n$$

Let  $\mathbb{E}_k = \mathbb{E}(\cdot | X_{p1}, \dots, X_{pk})$ ,  $1 \leq k \leq n$ , and  $\mathbb{E}_0 = \mathbb{E}$ . We have

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge -\frac{p}{n\varphi} + \frac{1}{n}\sum_{k=1}^n \mathbb{E}_{k-1}\Delta_k + \frac{Y}{\sqrt{n}},$$
(4.2)

where  $Y = n^{-1/2} \sum_{k=1}^{n} (\Delta_k - \mathbb{E}_{k-1} \Delta_k).$ 

To apply estimate (4.2), we need to choose  $\varphi$  and obtain good lower bounds for  $\mathbb{E}_{k-1}\Delta_k$  as well as upper bounds for  $\mathbb{P}(Y < -t)$ , t < 0. The next lemmata which proofs are given in Appendix provide such bounds.

**Lemma 4.2.** Let U and V be non-negative random variables. Then, for all a > 0,

$$\mathbb{E}\frac{U}{1+V} \ge \frac{|\mathbb{E}\min\{U,a\}|^2}{\mathbb{E}\min\{U,a\} + \mathbb{E}V\min\{U,a\}}$$

In addition, if  $\mathbb{E}U = 1$ , then  $\mathbb{E}U/(1+V) \ge 1/(1+\mathbb{E}UV)$ . Moreover,

$$\mathbb{E}\frac{U}{1+V} \ge \frac{|\mathbb{E}\sqrt{U}|^2}{1+\mathbb{E}V}.$$

**Lemma 4.3.** Let  $X_p$  be an isotropic random vector in  $\mathbb{R}^p$ ,  $A, B \succ 0$  be a  $p \times p$  symmetric matrices with  $\operatorname{tr}(A) = 1$  and  $\operatorname{tr}(B) \leq 1$  that are simultaneously diagonalisable. If

$$\Delta = \frac{X_p^\top A X_p}{1 + b^{-1} (X_p^\top A X_p + X_p^\top B X_p/3)}$$

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for some b > 0, then, for any a > 0,

$$\mathbb{E}\Delta \geqslant c_p(a) - \frac{5C_p(a)}{3b} \quad \text{and} \quad \mathbb{E}\Delta^2 \leqslant C_p(b).$$

In addition, if  $L_p(2) < \infty$ , then  $\mathbb{E}\Delta \ge 1 - 4L_p(2)b^{-1}/3$  and  $\mathbb{E}\Delta^2 \le L_p(2)$ . Moreover,

$$\mathbb{E}\Delta \geqslant \frac{K_p^2}{1+4(3b)^{-1}}.$$

**Lemma 4.4.** Let  $(D_k)_{k=1}^n$  be a sequence of non-negative random variables adapted to a filtration  $(\mathcal{F}_k)_{k=1}^n$  such that  $\mathbb{E}(D_k^2|\mathcal{F}_{k-1}) \leq 1$  a.s. for  $k = 1, \ldots, n$ , where  $\mathcal{F}_0$  is the trivial  $\sigma$ -algebra. If

$$Z = \frac{1}{\sqrt{n}} \sum_{k=1}^{n} (D_k - \mathbb{E}(D_k | \mathcal{F}_{k-1})),$$

then  $\mathbb{P}(Z < -t) \leq \exp\{-t^2/2\}$  for all t > 0.

Proof of Theorem 2.1. Take in Lemma 4.3  $X_p = X_{pk}$ ,

$$A = \frac{(A_{k-1} - l_{k-1}I_p)^{-2}}{\operatorname{tr}(A_{k-1} - l_{k-1}I_p)^{-2}}, \quad B = (A_k - l_{k-1}I_p)^{-1}/\varphi, \quad a = \frac{1}{5\varphi}, \quad b = \frac{5a}{3} = \frac{1}{3\varphi}.$$
 (4.3)

Clearly A and B commute hence they are simultaneously diagonalizable. Additionally, we have tr(A) = 1 and  $tr(B) = tr(A_{k-1} - l_{k-1}I_p)^{-1}/\varphi \leq 1$ . Using Lemma 4.3, we arrive at the lower bounds

$$\mathbb{E}_{k-1}\Delta_k \ge c_p(a) - \frac{C_p(a)}{a}, \quad 1 \le k \le n,$$

hereinafter all inequalities with conditional mathematical expectations hold almost surely. By (4.2), the latter implies that

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge c_p(a) - \frac{C_p(a)}{a} - \frac{5ap}{n} + \frac{\sqrt{C_p(2a)Z}}{\sqrt{n}},$$

where

$$Z = \frac{1}{\sqrt{C_p(2a)n}} \sum_{k=1}^n (\Delta_k - \mathbb{E}_{k-1}\Delta_k).$$

Note that  $(\Delta_k - \mathbb{E}_{k-1}\Delta_k)_{k=1}^n$  is a martingale difference sequence with respect to the natural filtration of  $(X_{pk})_{k=1}^n$ . Obviously,  $\mathbb{E}Z = 0$ . By Lemma 4.3,  $\mathbb{E}_{k-1}\Delta_k^2 \leq C_p(b) \leq C_p(2a)$ . Therefore, Lemma 4.4 with  $D_k = \Delta_k / \sqrt{C_p(2a)}$  yields that  $\mathbb{P}(Z < -t) \leq \exp\{-t^2/2\}$ , t > 0. Thus we have proven Theorem 2.1.

Proof of Theorem 2.2. The proof follows the same line as the proof of Theorem 2.1.

Assume first that  $C^2 = L_p(2) < \infty$  and  $p/n \leq y$  for some y > 0. Define  $X_p^{\top} A X_p$  and  $X_p^{\top} B X_p$  in the same way as in (4.3). Then, by Lemma 4.3 (with  $\varphi = 1/(3b)$ ),

$$\mathbb{E}_{k-1}\Delta_k \ge 1 - 4C^2\varphi, \quad 1 \le k \le n.$$

Taking  $\varphi=\sqrt{y}/(2C)$  in (4.2), we get  $p/(n\varphi)\leqslant y/\varphi=2C\sqrt{y}$  and

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge 1 - 4C\sqrt{y} + \frac{CZ}{\sqrt{n}},$$

where

$$Z = \frac{1}{C\sqrt{n}} \sum_{k=1}^{n} (\Delta_k - \mathbb{E}_{k-1}\Delta_k).$$

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#### Lower bounds on the smallest eigenvalue

As in the proof of Theorem 2.1, it follows from Lemma 4.3 that  $\mathbb{E}_{k-1}\Delta_k^2 \leq L_p(2) = C^2$ ,  $1 \leq k \leq n$ . Therefore, by Lemma 4.4,  $\mathbb{P}(Z < -t) \leq \exp\{-t^2/2\}, t > 0$ .

Finally, consider the case with  $K_p > 0$  ( the case with  $K_p = 0$  is trivial). By Lemma 4.3 with  $b = (3\varphi)^{-1}$  and  $\varphi = 1/4$ ,

$$\mathbb{E}_{k-1}\Delta_k \geqslant \frac{K_p^2}{1+4\varphi} = \frac{K_p^2}{2}, \quad 1 \leqslant k \leqslant n.$$

Taking  $p/n \leqslant y = K_p^2/16$  in (4.2), we get

$$\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \geqslant \frac{K_p^2}{4} + \frac{\sqrt{C_p(4/3)}Z}{\sqrt{n}}$$

for some Z with  $\mathbb{P}(Z < -t) \leq \exp\{-t^2/2\}$ , t > 0 (see the end of the proof of Theorem 2.1). Since  $C_p(4/3) \leq 4/3$ , the variable

$$Z_0 = \frac{\sqrt{C_p(4/3)}}{\sqrt{4/3}} Z$$

satisfies  $\mathbb{P}(Z_0 < -t) \leqslant \exp\{-t^2/2\}$ , t > 0. Replacing Z by  $Z_0$ , we get the result.

Proof of Proposition 2.3. If U is non-negative random variable with  $\mathbb{E}U = 1$ , then

$$\begin{split} \mathbb{E}\min\{U,a\} &= \mathbb{E}U - \mathbb{E}(U-a)\mathbb{1}(U>a) \geqslant 1 - \mathbb{E}U\mathbb{1}(U>a) \geqslant 1 - \frac{\mathbb{E}U^{1+\alpha/2}}{a^{\alpha/2}},\\ \mathbb{E}\min\{U,a\} &= \mathbb{E}U - \int_a^\infty \mathbb{P}(U>t) \, dt \geqslant 1 - \int_a^\infty \frac{M}{t^{1+\alpha/2}} \, dt \geqslant 1 - \frac{2M}{\alpha a^{\alpha/2}},\\ \mathbb{E}U\min\{U,a\} &\leq \mathbb{E}U^{1+\alpha/2}a^{1-\alpha/2}, \end{split}$$

$$\begin{split} \mathbb{E}U\min\{U,a\} \leqslant & a\mathbb{E}(U-a)I(U>a) + a^{2}\mathbb{P}(U>a) + \mathbb{E}\min\{U^{2},a^{2}\} \\ &= a\int_{a}^{\infty}\mathbb{P}(U>t)\,dt + a\mathbb{P}(U>a) + \int_{0}^{a^{2}}\mathbb{P}(U^{2}>t)\,dt \\ &\leqslant & a\int_{a}^{\infty}\frac{M}{t^{1+\alpha/2}}\,dt + Ma^{1-\alpha/2} + \int_{0}^{a^{2}}f(t,\alpha)\,dt \\ &\leqslant & (1+2/\alpha)Ma^{1-\alpha/2} + \begin{cases} 2Ma^{1-\alpha/2}/(1-\alpha/2), & \alpha \in (0,2), \\ 2M\log\max\{a,1\}+1, & \alpha = 2, \end{cases} \end{split}$$

where  $M = \sup\{t^{1+\alpha/2} \mathbb{P}(U > t) : t > 0\}, f(t, \alpha) = Mt^{-1/2-\alpha/4}$  for  $\alpha \in (0, 2)$  and

$$f(t,2) = \begin{cases} Mt^{-1}, & t > 1, \\ 1, & t \in [0,1]. \end{cases}$$

Putting  $U = (X_p, v)^2$  for given  $v \in \mathbb{R}^p$  with ||v|| = 1 and taking the infimum or the supremum over such v in the above inequalities, we finish the proof.

Proof of Corollary 3.1. Consider the case  $\alpha \in (0,2)$ . Set  $L = L_p(\alpha)$  and y = p/n. By Proposition 2.3,

$$c_p(a) - \frac{C_p(a)}{a} \ge 1 - \frac{2L}{a^{\alpha/2}}$$
 and  $C_p(2a) \le L(2a)^{1-\alpha/2} \le 2La^{1-\alpha/2}$ 

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By Theorem 2.1,

$$\mathbb{P}(\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) < 1 - 4La^{-\alpha/2} - 5ay) \leq \mathbb{P}\left(\sqrt{C_p(2a)}Z/\sqrt{n} < -2La^{-\alpha/2}\right)$$
$$\leq \mathbb{P}(\sqrt{2La^{1-\alpha/2}}Z/\sqrt{n} < -2La^{-\alpha/2})$$
$$\leq \exp\{-La^{-1-\alpha/2}n\}.$$

Taking  $y = La^{-1-\alpha/2}$ , we get the desired inequality.

Consider the case lpha=2. By Theorem 2.2 with y=p/n and  $C=\sqrt{L_p(2)}$  ,

$$\mathbb{P}(\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) < 1 - (4 + \sqrt{2})C\sqrt{y}) \leqslant \mathbb{P}(CZ/\sqrt{n} < -\sqrt{2}C\sqrt{y}) \leqslant \exp\{-yn\} = \exp\{-p\}.$$

Proof of Corollary 3.3. Set  $L = L_p(\alpha)$  for given  $\alpha \in (0,2)$ . By Proposition 2.3,

$$c_p(a) - \frac{C_p(a)}{a} \ge 1 - \frac{2L}{a^{\alpha/2}}$$

Therefore, taking in Theorem 2.1

$$a = (4L/\varepsilon)^{2/lpha}$$
 and  $p/n \leqslant y = rac{arepsilon^{1+2/lpha}}{5(4L)^{2/lpha}}$ 

we derive the first bound

$$\mathbb{E}\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge 1 - \frac{2L}{a^{\alpha/2}} - 5ay \ge 1 - \varepsilon.$$

Similarly, taking  $y = \varepsilon^2/(16C^2)$  for  $C = \sqrt{L_p(2)}$  in Theorem 2.2, we get that

$$\mathbb{E}\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) \ge 1 - 4C\sqrt{y} \ge 1 - \varepsilon.$$

Proof of Corollary 3.4. Let  $C_0, C_1, C_2 > 0$  be such that the second bound in Theorem 2.2 holds. Then, for  $p/n \leq C_2 K_p^4$ ,

$$\mathbb{P}(\lambda_p(n^{-1}\mathbf{X}_{pn}\mathbf{X}_{pn}^{\top}) < C_0 K_p^2/2) \leqslant \mathbb{P}(C_1 Z/\sqrt{n} < -C_0 K_p^2/2) \leqslant \exp\{-C_0^2 K_p^4 n/(8C_1^2)\}.$$

Putting  $C_1^* = C_0/2, C_1^* = C_0^2/(8C_1^2)$  and  $C_2^* = C_2$ , we finish the proof.

## 5 Appendix

Proof of Lemma 4.1. By Lemma 2.2 in Srivastava and Vershynin [6], if  $A - (l + \Delta)I_p \succ 0$  and  $q(l + \Delta, v)/[1 + Q(l + \Delta, v)] \ge \Delta$ , then

$$\operatorname{tr}(A + vv^{\top} - (l + \Delta)I_p)^{-1} \leqslant \operatorname{tr}(A - lI_p)^{-1}.$$

In addition, by Lemma 2.4 in Srivastava and Vershynin [6], if  $A - lI_p \succ 0$ ,  $\Delta < 1/\varphi$  and  $\operatorname{tr}(A - lI_p)^{-1} \leqslant \varphi$ , then  $A - (l + \Delta)I_p \succ 0$  and

$$\frac{q(l+\Delta,v)}{1+Q(l+\Delta,v)} \ge \frac{q(l,v)(1-\varphi\Delta)^2}{1+Q(l,v)(1-\varphi\Delta)^{-1}}$$

Therefore, we only need to show that

$$\frac{q(l,v)(1-\varphi\Delta)^2}{1+Q(l,v)(1-\varphi\Delta)^{-1}} \geqslant \Delta = \frac{q(l,v)}{1+3\varphi q(l,v)+Q(l,v)},$$

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since  $\Delta \leq 1/(3\varphi)$  by construction.

By Bernoulli's inequality,  $(1-x)^3 \ge 1-3x$  whenever  $x \in [0,1]$ . Hence,

$$\frac{q(l,v)(1-\varphi\Delta)^2}{1+Q(l,v)(1-\varphi\Delta)^{-1}} = \frac{q(l,v)(1-\varphi\Delta)^3}{1-\varphi\Delta+Q(l,v)} \geqslant \frac{q(l,v)(1-\varphi\Delta)^3}{1+Q(l,v)} \geqslant \frac{q(l,v)(1-3\varphi\Delta)}{1+Q(l,v)} = \Delta,$$

where the last equality holds by the definition of  $\Delta$ .

Proof of Lemma 4.2. We have

$$\mathbb{E}\frac{U}{1+V} \ge \mathbb{E}\frac{\min\{U,a\}}{1+V}$$

for all a > 0. By the Cauchy-Schwartz inequality,

$$\mathbb{E}\frac{\min\{U,a\}}{1+V}\mathbb{E}(1+V)\min\{U,a\} \geqslant \left|\mathbb{E}\frac{\sqrt{\min\{U,a\}}}{\sqrt{1+V}}\sqrt{(1+V)\min\{U,a\}}\right|^2 = |\mathbb{E}\min\{U,a\}|^2.$$

This gives the first inequality. Tending a to infinity, we get the second inequality.

The last inequality also follows from the Cauchy-Schwartz inequality. Namely,

$$\mathbb{E}\frac{U}{1+V} \mathbb{E}(1+V) \ge \left| \mathbb{E}\frac{\sqrt{U}}{\sqrt{1+V}} \sqrt{1+V} \right|^2 = |\mathbb{E}\sqrt{U}|^2.$$

Proof of Lemma 4.3. Let  $\{v_1, \ldots, v_p\}$  be an orthonormal basis of  $\mathbb{R}^p$  such that

$$A = \sum_{i=1}^p a_i v_i v_i^\top \quad \text{and} \quad B = \sum_{i=1}^p b_i v_i v_i^\top,$$

where  $a_1, \ldots, a_p, b_1, \ldots, b_p > 0$  are eigenvalues of A and B. Since  $\operatorname{tr} A = \sum_{i=1}^p a_i = 1$ ,  $X_p^\top A X_p = \sum_{i=1}^p a_i (X_p, v_i)^2$  and the function f(x) = x/(1 + c(x + d)) is concave on  $\mathbb{R}_+$  for any  $c, d \ge 0$ , we have (for  $\Delta$  defined in Lemma 4.3)

$$\Delta \geqslant \sum_{i=1}^{p} a_i \Delta_i \quad \text{for} \quad \Delta_i = \frac{(X_p, v_i)^2}{1 + b^{-1}((X_p, v_i)^2 + X_p^{\top} B X_p/3)}.$$

Fix  $j \in \{1, \ldots, p\}$  and b > 0. By Lemma 4.2,

$$\mathbb{E}\Delta_j \geqslant \frac{|\mathbb{E}\min\{(X_p, v_j)^2, a\}|^2}{\mathbb{E}\min\{(X_p, v_j)^2, a\} + b^{-1}C} \quad \text{and} \quad \mathbb{E}\Delta_j \geqslant \frac{(\mathbb{E}|(X_p, v_j)|)^2}{1 + b^{-1}(1 + \mathrm{tr}B/3)} \geqslant \frac{K_p^2}{1 + 4/(3b)},$$

where  $C = \mathbb{E}((X_p, v_j)^2 + X_p^\top B X_p/3) \min\{(X_p, v_j)^2, a\}$ . By the second inequality,

$$\mathbb{E}\Delta \geqslant \sum_{i=1}^{p} a_{i} \frac{K_{p}^{2}}{1 + 4/(3b)} = \frac{K_{p}^{2}}{1 + 4/(3b)}.$$

We have  $x^2/(x+c) \ge x-c$  for all  $x, c \ge 0$ . This yields that

$$\frac{|\mathbb{E}\min\{(X_p, v_j)^2, a\}|^2}{\mathbb{E}\min\{(X_p, v_j)^2, a\} + b^{-1}C} \ge \mathbb{E}\min\{(X_p, v_j)^2, a\} - b^{-1}C.$$

We need to bound C from above. Obviously,  $\mathbb{E}(X_p, v_j)^2 \min\{(X_p, v_j)^2, a\} \leq C_p(a)$ . In addition, since  $x \min\{y, a\} \leq x \min\{x, a\} + y \min\{y, a\}$  for all  $x, y, a \geq 0$ , we have

$$\mathbb{E}(X_p^{\top}BX_p)\min\{(X_p, v_j)^2, a\} = \sum_{i=1}^p b_i \mathbb{E}(X_p, v_i)^2 \min\{(X_p, v_j)^2, a\} \leq 2\mathrm{tr}B \cdot C_p(a) \leq 2C_p(a).$$

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Hence,  $C \leq 5C_p(a)/3$ . Combining all estimates together yields

$$\mathbb{E}\Delta \geqslant c_p(a) - \frac{5C_p(a)}{3b}.$$

Let us now prove that  $\mathbb{E}\Delta^2 \leq C_p(a)$ . We have

$$\Delta^2 \leqslant \frac{(X_p^{\top} A X_p)^2}{(1 + b^{-1} X_p^{\top} A X_p)^2} \leqslant \frac{(X_p^{\top} A X_p)^2}{1 + b^{-1} X_p^{\top} A X_p},$$

Consider the function  $f(x) = x^2/(1 + b^{-1}x)$ ,  $x \ge 0$ . Its derivative

$$f'(x) = \frac{2x}{1+b^{-1}x} - \frac{b^{-1}x^2}{(1+b^{-1}x)^2} = \frac{2x+b^{-1}x^2}{(1+b^{-1}x)^2} = b\frac{2bx+x^2}{(b+x)^2} = b\Big(1 - \frac{b^2}{(b+x)^2}\Big)$$

is increasing on  $\mathbb{R}_+$ . This means that f = f(x) is convex and

$$\mathbb{E}\frac{(X_p^{\top}AX_p)^2}{1+a^{-1}X_p^{\top}AX_p} \leqslant \sum_{i=1}^p a_i \mathbb{E}\frac{(X_p, v_i)^4}{1+b^{-1}(X_p, v_i)^2} \leqslant \sum_{i=1}^p a_i \mathbb{E}(X_p, v_i)^2 \min\{(X_p, v_i)^2, b\}.$$

The latter gives the desired inequality  $\mathbb{E}\Delta^2 \leq \operatorname{tr} A \cdot C_p(b) = C_p(b).$ 

Now consider the case with  $L_p(2) < \infty$ . By Lemma 4.2,

$$\mathbb{E}\Delta \ge 1/[1+b^{-1}(\mathbb{E}(X_p^\top A X_p)^2 + \mathbb{E}(X_p^\top A X_p)(X_p^\top B X_p)/3)]$$

Since the function  $f(x) = x^2$  is convex on  $\mathbb{R}$ ,  $X_p^\top A X_p = \sum_{i=1}^n a_i (X_p, v_i)^2$  and  $\operatorname{tr} A = 1$ , we get that

$$\mathbb{E}(X_p^{\top}AX_p)^2 \leqslant \sum_{i=1}^n a_i \mathbb{E}(X_p, v_i)^4 \leqslant L_p(2).$$

Similarly,

$$\mathbb{E}(X_p^{\top}BX_p)^2 \leqslant (\mathrm{tr}B)^2 \mathbb{E}\left(\frac{X_p^{\top}BX_p}{\mathrm{tr}B}\right)^2 \leqslant L_p(2),$$

where we have used that  ${\rm tr}B\leqslant 1.$  Applying the Cauchy-Schwartz inequality yields that

$$\mathbb{E}(X_p^{\top}AX_p)(X_p^{\top}BX_p) \leqslant \sqrt{\mathbb{E}(X_p^{\top}AX_p)^2\mathbb{E}(X_p^{\top}BX_p)^2} \leqslant L_p(2).$$

To finish the proof, we only need to note that

$$1/[1+b^{-1}(\mathbb{E}(X_p^{\top}AX_p)^2+\mathbb{E}(X_p^{\top}AX_p)(X_p^{\top}BX_p)/3)] \ge \frac{1}{1+4L_p(2)b^{-1}/3} \ge 1-\frac{4L_p(2)}{3b}.$$

Proof of Lemma 4.4. Since  $e^{-x} \leqslant 1 - x + x^2/2$  for all  $x \ge 0$ , we have

$$\mathbb{E}(e^{-\lambda D_k}|\mathcal{F}_{k-1}) \leq 1 - \lambda \mathbb{E}(D_k|\mathcal{F}_{k-1}) + \frac{\lambda^2 \mathbb{E}(D_k^2|\mathcal{F}_{k-1})}{2}$$
$$\leq 1 - \lambda \mathbb{E}(D_k|\mathcal{F}_{k-1}) + \frac{\lambda^2}{2}$$
$$\leq \exp\{-\lambda \mathbb{E}(D_k|\mathcal{F}_{k-1}) + \lambda^2/2\}$$

for any  $\lambda > 0$ . Therefore,  $\mathbb{E}(e^{-\lambda(D_k - \mathbb{E}(D_k | \mathcal{F}_{k-1}))} | \mathcal{F}_{k-1}) \leq \exp\{\lambda^2/2\}$  and

$$\mathbb{P}\Big(\sum_{k=1}^{n} (D_k - \mathbb{E}(D_k | \mathcal{F}_{k-1})) < -t\sqrt{n}\Big) \leqslant e^{-\lambda t\sqrt{n}} \mathbb{E} \exp\Big\{-\lambda \sum_{k=1}^{n} (D_k - \mathbb{E}(D_k | \mathcal{F}_{k-1}))\Big\}$$
$$\leqslant \exp\{n\lambda^2/2 - \lambda t\sqrt{n}\},$$

where the last bound could be obtained iteratively by the law of iterated mathematical expectations. Putting  $\lambda = t/\sqrt{n}$ , we derive that  $\mathbb{P}(Z < -t) \leq \exp\{-t^2/2\}$ , t > 0.  $\Box$ 

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