

CURVATURE INTEGRAL AND LIPSCHITZ PARAMETRIZATION IN 1-REGULAR METRIC SPACES

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Abstract. We show that for a bounded 1-regular metric measure space (E, μ) the finiteness of the Menger curvature integral

$$\int_E \int_E \int_E c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3$$

guarantees that E is a Lipschitz image of a subset of a bounded subinterval of \mathbf{R} .

1. Introduction

Let z_1, z_2 and z_3 be three points in a metric space (E, d) . The *Menger curvature* of the triple (z_1, z_2, z_3) is

$$c(z_1, z_2, z_3) = \frac{2 \sin \sphericalangle z_1 z_2 z_3}{d(z_1, z_3)},$$

where

$$\sphericalangle z_1 z_2 z_3 = \arccos \frac{d(z_1, z_2)^2 + d(z_2, z_3)^2 - d(z_1, z_3)^2}{2d(z_1, z_2)d(z_2, z_3)}.$$

Note that $c(z_1, z_2, z_3)$ is the reciprocal of the radius of the circle passing through x_1, x_2 and x_3 whenever $\{x_1, x_2, x_3\} \subset \mathbf{R}^2$ is an isometric triple for $\{z_1, z_2, z_3\}$. We set

$$c^2(E) = \int_E \int_E \int_E c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3.$$

Through the paper μ is the 1-dimensional Hausdorff measure on E .

We say that a metric space (E, d) is *1-regular* if there exists $M_0 < \infty$ such that

$$(1) \quad M_0^{-1}r \leq \mu(B(x, r)) \leq M_0 r$$

whenever $x \in E$ and $r \in]0, d(E)[$. Here $d(E)$ is the diameter of E and $B(x, r)$ will denote the closed ball in E with center $x \in E$ and radius $r > 0$. The smallest constant M_0 such that (1) holds is called the *regularity constant of E* . We denote

$$(2) \quad \ell(E) = \inf \{ \text{Lip}(f) : f : A \rightarrow E \text{ is a surjection and } A \subset [0, 1] \},$$

where $\text{Lip}(f) \in [0, \infty]$ is the Lipschitz constant of f . Note that if E is a subset of a Hilbert space H , then by the classical Kirszbraun–Valentine extension theorem we

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can take in (2) the infimum over all functions $f: [0, 1] \rightarrow H$ for which $E \subset f([0, 1])$ without that $\ell(E)$ changes. Further, if E is a connected metric space, $\ell(E)$ is at most a constant multiple of $\mu(E)$ (see [11] and [3]). In this paper we shall prove the following theorem:

Theorem 1.1. *Let (E, d) be a 1-regular metric space. Then $\ell(E) \leq C(c^2(E) + d(E))$, where $C < \infty$ depends only on the regularity constant of E .*

In [4] P. W. Jones gave a sufficient and necessary condition for $E \subset \mathbf{C}$ to be contained in a rectifiable curve by showing that

- (i) $\ell(E) \leq C_1 \left(d(E) + \sum_{Q \in \mathcal{D}} \beta_E(Q)^2 d(Q) \right)$,
- (ii) $\sum_{Q \in \mathcal{D}} \beta_E(Q)^2 d(Q) \leq C_2 \ell(E)$,

where C_1 and C_2 are some absolute constants, $\mathcal{D} = \{3Q : Q \text{ is a dyadic cube}\}$ and

$$\beta_E(Q) = \inf_L d(Q)^{-1} \sup \{ d(y, L) : y \in E \cap Q \}$$

for $Q \in \mathcal{D}$, where the infimum is taken over all lines. Here $3Q$ is the cube with the same center as Q and sides parallel to the sides of Q , but whose diameter is $3d(Q)$. Jones's proof for (i) works also if $E \subset \mathbf{R}^n$. The latter part has been extended to sets in \mathbf{R}^n by Okikiolu in [8]. Then, of course, the constant C_2 must depend on n . In [11] Schul extended this theorem to sets in a Hilbert space H using the family

$$\left\{ \{y \in H : d(y, x) \leq A2^{-k}\} : x \in \Delta_k, k \in \mathbf{Z} \right\}$$

in the place of \mathcal{D} . Here A is some fixed constant and $(\Delta_k)_k$ is a *net* for E , that is, Δ_k is a maximal subset of E such that $d(x_1, x_2) > 2^{-k}$ for any distinct points $x_1, x_2 \in \Delta_k$ and $\Delta_k \subset \Delta_{k+1}$ for all $k \in \mathbf{Z}$. The easier part of Jones's theorem has an extension also for general metric spaces. In [3] we showed that there is an absolute constant C such that $\ell(E) \leq C(d(E) + \beta(E))$ for any metric space E , where

$$\beta(E) = \inf \left\{ \sum_{k \in \mathbf{Z}} \sum_{x \in \Delta_k \setminus \Delta_{k-1}} \beta(x, 2^{-k})^2 (2^{-k})^3 : (\Delta_k)_k \text{ is a net for } E \right\}$$

and $\beta(x, t) = \sup \{ c(z_1, z_2, z_3) : z_1, z_2, z_3 \in B(x, At), d(z_i, z_j) \geq t \forall i \neq j \}$ for $x \in E$ and $t > 0$, where A is some sufficiently large constant. An example given by Schul shows that there is not any absolute constant C such that $\beta(E) \leq C\ell(E)$ for any metric space E . In fact, there exists a plane set E equipped with the ℓ^1 metric such that $\ell(E) < \infty$ and $\beta(E) = \infty$. The part (i) has been extended also to the Heisenberg group in [2].

David and Semmes proved in [1] that a closed 1-regular set $E \subset \mathbf{R}^n$ is contained in a 1-regular curve if and only if there is $C < \infty$ such that

$$(3) \quad \int_0^R \int_{E \cap B(z, R)} \beta_q(x, t, E)^2 d\mu x \frac{dt}{t} \leq CR$$

for all $z \in E$ and $R > 0$. Here $q \in [1, \infty]$ is arbitrary,

$$\beta_q(x, t, E) = \inf_L \left(t^{-1-q} \int_{E \cap B(x,t)} d(y, L)^q d\mu y \right)^{1/q}$$

for $q \in [1, \infty[$ and

$$\beta_\infty(x, t, E) = \inf_L t^{-1} \sup \{ d(y, L) : y \in E \cap B(x, t) \},$$

where the infima are taken over all lines in \mathbf{R}^n . For $q = \infty$ this was already proved by Jones. In fact, David and Semmes gave in [1] a version of this theorem for m -dimensional sets in \mathbf{R}^n , where m is any integer. In [9] Pajot gave a more direct proof for that a closed 1-regular set $E \subset \mathbf{R}^n$ lies in a 1-regular curve if (3) is satisfied. His construction also yields

$$(4) \quad \ell(E) \leq C \left(d(E) + \int_0^{d(E)} \int_E \beta_q(x, t, E)^2 d\mu x \frac{dt}{t} \right),$$

where $C < \infty$ depends only on the regularity constant of E . The basic idea of our proof for Theorem 1.1 is inspired by Pajot's algorithm, which is itself a kind of variant of Jones's one in [4].

Mattila, Melnikov and Verdera used Menger curvature in [7] for proving that the L^2 boundedness of the Cauchy integral operator associated to a closed 1-regular set $E \subset \mathbf{C}$ implies that E is contained in a 1-regular curve. The starting point of their work was the relation that for any three points $z_1, z_2, z_3 \in \mathbf{C}$

$$c(z_1, z_2, z_3)^2 = \sum_\sigma \frac{1}{(z_{\sigma(1)} - z_{\sigma(3)})(z_{\sigma(2)} - z_{\sigma(3)})},$$

where σ runs through all six permutations of $\{1, 2, 3\}$. This implies that the Cauchy operator is bounded in $L^2(E)$ if and only if there is $C < \infty$ such that $c^2(E \cap B(z, R)) \leq CR$ for all $z \in E$ and $R > 0$. They showed that for some constant λ depending only on the regularity constant of E

$$(5) \quad \int_0^R \int_{E \cap B(z,R)} \beta_2(x, t, E)^2 d\mu x \frac{dt}{t} \leq \lambda c^2(E \cap B(z, \lambda R))$$

for all $z \in E$ and $0 < R < d(E)/\lambda$. The claim now follows from the result of David and Semmes. Note that we get from (5) and (4) that a bounded 1-regular set $E \subset \mathbf{R}^n$ lies in a rectifiable curve if $c^2(E) < \infty$.

Jones has later proved that for a 1-regular set $E \subset \mathbf{C}$

$$\int_0^R \int_{E \cap B(z,R)} \beta_\infty(x, t, E)^2 d\mu x \frac{dt}{t} \leq C c^2(E \cap B(z, CR))$$

for all $z \in E$ and $R > 0$, where $C < \infty$ depends only on the regularity constant of E . For the proof see [10]. Using this we get also $\beta(E) \leq C c^2(E)$ for some $C < \infty$ depending only on the regularity constant of E whenever E is a 1-regular set in \mathbf{C} . We can easily construct an example which shows that this is not true for general 1-regular metric spaces. For example, let $\delta > 0$ and consider the plane set $E_\delta =$

$([0, 1] \times \{0\}) \cup (\{0, 1\} \times [0, \delta])$ equipped with the ℓ^1 metric. Then $c^2(E_\delta)/\beta(E_\delta) \rightarrow 0$ as $\delta \rightarrow 0$.

Any Borel set $E \subset \mathbf{R}^n$ with $\mu(E) < \infty$ and $c^2(E) < \infty$ is rectifiable in sense that there are rectifiable curves $\Gamma_1, \Gamma_2, \dots$ such that

$$\mu\left(E \setminus \bigcup_{i=1}^{\infty} \Gamma_i\right) = 0.$$

This was first proved by David. Léger gave in [5] a different proof which also gives a version for higher dimensional sets in \mathbf{R}^n .

For related results see also [6].

2. Preliminaries of the proof of Theorem 1.1

We assume that E is a bounded 1-regular metric space with regularity constant M_0 such that $c^2(E) < \infty$. Let C_1, C_2 and $\delta < 1$ be positive constants such that $C_1(1 - \delta) > 4(2 - \delta)$ and $C_2(1 - \delta) > 8(1 + 2C_1)(2 - \delta)$, and let r_2, r_4 and R_2 be small positive constants depending on C_2 and δ . Then, let $r_5 > 0$ be a small constant depending on C_2, δ, r_2, r_4 and R_2 . We also let r_3 and R_3 be large positive constants depending on C_2, δ and M_0 , and then we let $\varepsilon_0 < 1$ be a sufficiently large positive constant depending on C_1, C_2, δ, M_0 and r_5 . Finally, let $r_0 > 0$ be a small constant depending on R_2 and ε_0 , and let $r_1 > 0$ be a small number depending on most of the above constants. See more details later. For any $x \in E$ and $n \in \mathbf{Z}$ we choose a point $q_n(x) \in B(x, r_1\delta^n)$ such that

$$\begin{aligned} & \mu(B(x, r_1\delta^n)) \int_{S_n(x)} c(z_1, z_2, q_n(x))^2 d\mu^2(z_1, z_2) \\ & \leq \int_{B(x, r_1\delta^n)} \int_{S_n(x)} c(z_1, z_2, z_3)^2 d\mu^2(z_1, z_2) d\mu z_3, \end{aligned}$$

where $S_n(z) = \{(\zeta, \eta) \in (B(z, r_3\delta^n) \setminus B(z, r_2\delta^n))^2 : d(\zeta, \eta) > r_4\delta^n\}$ for $z \in E$. We also set

$$\vartheta(x, n) = \sup \{ \varepsilon \in [0, 1] : \{z_1, z_2, z_3\} \in \mathcal{O}(\varepsilon) \forall (z_1, z_2, z_3) \in W(x, n) \},$$

where

$$W(x, n) = \{ (z_1, z_2, z_3) \in B(x, R_3\delta^n)^3 : d(z_i, z_j) > R_2\delta^n \forall i \neq j \}$$

and $\mathcal{O}(\varepsilon)$ is the set of the metric spaces E such that $d(x, z) \geq d(x, y) + \varepsilon d(y, z)$ whenever $x, y, z \in E$ such that $d(x, z) = d(\{x, y, z\})$. We say that $E' \subset E$ has an order, if there is an injection $o: E' \rightarrow \mathbf{R}$ such that for all $x, y, z \in E'$ the condition $o(x) < o(y) < o(z)$ implies $d(x, z) > \max\{d(x, y), d(y, z)\}$. In that case the function o is called an order. If there is an order o on $\{x_1, \dots, x_n\} \subset E$, $n \in \mathbf{N}$, such that $o(x_i) < o(x_{i+1})$ for $i = 1, \dots, n - 1$, we write shortly $x_1x_2\dots x_n$. The notation $x_1x_2x_3|\varepsilon$ means that $x_1x_2x_3$ and $\{x_1, x_2, x_3\} \in \mathcal{O}(\varepsilon)$.

Let $x_0 \in E$ and let n_0 be the biggest integer such that $E \subset B(x_0, \delta^{n_0})$. Set $D_0^{n_0} = \{q_{n_0}(x_0)\}$. Let now $n > n_0$ and assume by induction that we have constructed

$D_0^{n-1} \subset E$ such that for any $x, y \in D_0^{n-1}$, $x \neq y$, $d(x, y) > \delta^n$. Let $A'_n \subset E$ such that

- for any $x, y \in A'_n$, $x \neq y$, $d(x, y) > \delta^n$,
- for any $x \in A'_n$, $y \in D_0^{n-1}$, $d(x, y) > \delta^n$,
- for any $x \in E$ there exists $y \in A'_n \cup D_0^{n-1}$ such that $d(x, y) \leq \delta^n$.

Now $\#A'_n \leq 2M_0\delta^{-n}\mu(E) \leq 2M_0^2\delta^{-n}d(E)$. We set $A_n = q_n(A'_n)$ and $D_0^n = A_n \cup q_n(D_0^{n-1})$. Let $A_n = \{x_1^n, \dots, x_{\#A_n}^n\}$ such that

$$d(x_k^n, D_{k-1}^{n-1}) = \max \{ d(x, D_{k-1}^{n-1}) : x \in A_n \}$$

for $k = 1, \dots, \#A_n$. Here and in the sequel we denote $D_k^{n-1} = D_0^{n-1} \cup \{x_1^n, \dots, x_k^n\}$ for $k = 1, \dots, \#A_n$. By choosing $\delta \leq 1 - 2r_1$ we have for all $n \geq n_0$

- (i) for any $x, y \in D_0^n$, $x \neq y$, $d(x, y) > (1 - 2r_1)\delta^n$,
- (ii) for any $x \in E$ there exists $y \in D_0^n$ such that $d(x, y) \leq (1 + r_1)\delta^n$.

For $m \geq n > n_0$ and $x \in D_0^{n-1} \cup D_0^n$ we denote

$$q_{m,n}(x) = \begin{cases} q_m \circ q_{m-1} \circ \dots \circ q_{n+1}(x) & \text{if } x \in D_0^n, \\ q_m \circ q_{m-1} \circ \dots \circ q_n(x) & \text{if } x \in D_0^{n-1}. \end{cases}$$

Here we interpret $q_{n,n}(x) = x$ if $x \in D_0^n$. Note that $x = q_n(x)$ for $x \in D_0^{n-1} \cap D_0^n$. We also use the convention $q_{n-1,n}(x) = x$ for any x .

We are going to construct a sequence $(G_k^n)_{n > n_0, 0 \leq k \leq \#D_0^{n+1}}$ of connected weighted graphs with no cycles. We will denote by V_k^n and E_k^n the sets of the vertices and the edges of G_k^n . For each (n, k) we will have $D_k^n \subset V_k^n$. For all $x, y \in D_k^n$ such that $\{x, y\} \in E_k^n$ we will have $w_k^n(\{x, y\}) \geq d(x, y)$, where $w_k^n: E_k^n \rightarrow]0, \infty[$ is the weight function on the graph G_k^n . We denote $l(G_k^n) = \sum_{e \in E_k^n} w_k^n(e)$ and for $y \in D_k^n$ we will use the notations

$$V_k^n(y) = \{z \in V_k^n : \{y, z\} \in E_k^n\},$$

$$D_k^n(y) = V_k^n(y) \cap D_k^n.$$

Each vertex in $V_k^n \setminus D_k^n$ will have only one neighbour. Thus the subgraph of G_k^n induced by D_k^n will also be connected. We will denote this graph and the set of its edges by T_k^n and F_k^n . For each (n, k) we will define a 1-Lipschitz surjection $f_k^n: I_k^n \rightarrow D_k^n$, where $I_k^n \subset [0, 2l(T_k^n)]$. Here $l(T_k^n) = \sum_{e \in F_k^n} w_k^n(e)$. If $e \in F_k^n$, we denote

$$J_k^n(e) = \{(s_1, s_2) \in I_k^n \times I_k^n : s_1 < s_2, f_k^n(\{s_1, s_2\}) = e \text{ and } I_k^n \cap]s_1, s_2[= \emptyset\}.$$

Further we will define a function $P_k^n: D_k^n \rightarrow \{V : V \subset \{\{x, y\} : x, y \in V_k^n, x \neq y\}\}$ such that the following properties will be satisfied:

- Let $y \in D_k^n$. If $e_1 \neq e_2$ and $e_1, e_2 \in P_k^n(y)$, then $e_1 \cap e_2 = \emptyset$. If $v \in V_k^n(y)$, then $v \in e$ for some $e \in P_k^n(y)$. If $\{v_1, v_2\} \in P_k^n(y)$, then $\{v_1, v_2\} \subset V_k^n(y)$ and $v_1 \neq v_2$.
- $\#\{e \in P_k^n(y) : e \subset D_k^n(y)\} \leq 1$ for all $y \in D_k^n$.
- Let $e \in F_k^n$. Then $1 \leq \#J_k^n(e) \leq 2$ and $s_2 - s_1 = w_k^n(e)$ for all $(s_1, s_2) \in J_k^n(e)$.

For $n > n_0$ and $k \in \{0, \dots, \#A_{n+1}\}$ also the following condition, called the (n, k) -property, will be satisfied:

If $y \in D_k^n$, $\{z_1, z_2\} \in P_k^n(y)$, $\{z_1, z_2\} \subset D_k^n(y)$ and $\max\{d(y, z_1), d(y, z_2)\} < C_2(1 + r_1)\delta^n$, then $q_{m_1, n}(z_1)q_{m, n}(y)q_{m_2, n}(z_2)|\varepsilon_0$ for any $m, m_1, m_2 \geq n - 1$.

In Section 3 we define the graph G_k^{n-1} by deforming the graph G_{k-1}^{n-1} . The main point of the proof is to control $l(G_k^{n-1}) - l(G_{k-1}^{n-1})$ by some integral estimate. For this we need that the vertices are well chosen. Thus we at every stage n “update” the vertices by applying q_n to them. We do this in Section 4. In Section 5 we show that $l(T_0^n)$ is uniformly bounded by a constant multiple of $c^2(E) + d(E)$, from which we get the final conclusion.

We define a graph $G_1^{n_0}$ with 4 vertices and 3 edges as follows. Put $V_1^{n_0} = D_1^{n_0} \cup \{b_1, b_2\}$, where $\{b_1, b_2\} \cap E = \emptyset$, and set

$$E_1^{n_0} = \{\{q_{n_0}(x_0), x_1^{n_0+1}\}, \{q_{n_0}(x_0), b_1\}, \{x_1^{n_0+1}, b_2\}\},$$

Further we define $w_1^{n_0}$ and $P_1^{n_0}$ by setting

$$\begin{aligned} w_1^{n_0}(\{q_{n_0}(x_0), x_1^{n_0+1}\}) &= d(q_{n_0}(x_0), x_1^{n_0+1}), \\ w_1^{n_0}(\{q_{n_0}(x_0), b_1\}) &= w_1^{n_0}(\{x_1^{n_0+1}, b_2\}) = C_1 d(q_{n_0}(x_0), x_1^{n_0+1}), \\ P_1^{n_0}(q_{n_0}(x_0)) &= \{\{x_1^{n_0+1}, b_1\}\}, \\ P_1^{n_0}(x_1^{n_0+1}) &= \{\{q_{n_0}(x_0), b_2\}\}. \end{aligned}$$

Now

$$(6) \quad l(G_1^{n_0}) \leq (1 + 2C_1)d(E).$$

We set $I_1^{n_0} = \{0, d(q_{n_0}(x_0), x_1^{n_0+1})\}$ and define $f_1^{n_0}: I_1^{n_0} \rightarrow D_1^{n_0}$ by setting $f_1^{n_0}(0) = q_{n_0}(x_0)$ and $f_1^{n_0}(d(q_{n_0}(x_0), x_1^{n_0+1})) = x_1^{n_0+1}$. In the following two sections we assume that $n > n_0$.

3. Construction of $G_{\#A_n}^{n-1}$

Let now $k \in \{1, \dots, \#A_n\}$ and assume by induction that we have constructed a graph $G_{k-1}^{n-1} = (V_{k-1}^{n-1}, E_{k-1}^{n-1})$ with a weight function $w_{k-1}^{n-1}: E_{k-1}^{n-1} \rightarrow]0, \infty[$ and a 1-Lipschitz surjection $f_{k-1}^{n-1}: I_{k-1}^{n-1} \rightarrow D_{k-1}^{n-1}$, where $I_{k-1}^{n-1} \subset [0, 2l(T_{k-1}^{n-1})]$. We also assume that we have defined $P_{k-1}^{n-1}: D_{k-1}^{n-1} \rightarrow \{V : V \subset \{\{x, y\} : x, y \in V_{k-1}^{n-1}, x \neq y\}\}$ such that the $(n-1, k-1)$ -property and the other conditions mentioned in the previous section are satisfied. We denote $x = x_k^n$. Let $y \in D_{k-1}^{n-1}$ such that $d(x, y) = d(x, D_{k-1}^{n-1})$.

Case 1. $\vartheta(x, n) < \varepsilon_0$.

We set $V_k^{n-1} = V_{k-1}^{n-1} \cup \{x, b_1, b_2\}$, where $b_1 \neq b_2$, $\{b_1, b_2\} \cap (V_{k-1}^{n-1} \cup E) = \emptyset$, and define

$$E_k^{n-1} = E_{k-1}^{n-1} \cup \{\{x, y\}, \{x, b_1\}, \{y, b_2\}\}.$$

Further we define w_k^{n-1} and P_k^{n-1} by setting

$$w_k^{n-1}(e) = \begin{cases} d(x, y) & \text{for } e = \{x, y\}, \\ C_1 d(x, y) & \text{for } e \in \{\{x, b_1\}, \{y, b_2\}\}, \\ w_{k-1}^{n-1}(e) & \text{for } e \in E_{k-1}^{n-1} \end{cases}$$

and

$$P_k^{n-1}(v) = \begin{cases} \{\{y, b_1\}\} & \text{for } v = x, \\ P_{k-1}^{n-1}(v) \cup \{\{x, b_2\}\} & \text{for } v = y, \\ P_{k-1}^{n-1}(v) & \text{for } v \in D_{k-1}^{n-1} \setminus \{y\}. \end{cases}$$

Let $t \in I_{k-1}^{n-1}$ such that $f_{k-1}^{n-1}(t) = y$. We set

$$I_k^{n-1} = J_1 \cup \{t + d(x, y)\} \cup J_2,$$

where $J_1 = I_{k-1}^{n-1} \cap [0, t]$ and $J_2 = (I_{k-1}^{n-1} \cap [t, \infty]) + 2d(x, y)$, and define f_k^{n-1} by setting

$$f_k^{n-1}(s) = \begin{cases} f_{k-1}^{n-1}(s) & \text{for } s \in J_1, \\ x & \text{for } s = t + d(x, y), \\ f_{k-1}^{n-1}(s - 2d(x, y)) & \text{for } s \in J_2. \end{cases}$$

Now the $(n-1, k)$ -property is satisfied, $I_k^{n-1} \subset [0, 2l(T_k^{n-1})]$ and f_k^{n-1} is surjective and 1-Lipschitz.

Let $(w_1, w_2, w_3) \in W(x, n)$ such that $\{w_1, w_2, w_3\} \notin \mathcal{O}(\varepsilon_0)$ and let $z_i \in B(w_i, r_0 \delta^n)$ for $i = 1, 2, 3$. Denote $d_{ij} = d(w_i, w_j)$ and $d'_{ij} = d(z_i, z_j)$ for $i = 1, 2, 3$. Suppose that $d(z_1, z_3) = d(\{z_1, z_2, z_3\})$ and $d_{12} \geq d_{23}$. Then, by choosing r_0 small enough,

$$\begin{aligned} \frac{d'_{13} - d'_{12}}{d'_{23}} &\leq \frac{(d_{13} + 2r_0 \delta^n) - (d_{12} - 2r_0 \delta^n)}{d_{23} - 2r_0 \delta^n} \leq \frac{d_{13} - d_{12} + 4r_0 \delta^n}{(1 - 2r_0 R_2^{-1})d_{23}} \\ &\leq \frac{R_2}{R_2 - 2r_0} \left(\varepsilon_0 + \frac{4r_0}{R_2} \right) = \frac{\varepsilon_0 R_2 + 4r_0}{R_2 - 2r_0} < 1. \end{aligned}$$

Letting $\alpha = \sphericalangle z_1 z_2 z_3$ we have

$$c(z_1, z_2, z_3)^2 = \frac{(2 \sin \alpha)^2}{d(z_1, z_3)^2} \geq \frac{4(1 - \cos^2 \alpha)}{(2(R_3 + r_0)\delta^n)^2} \geq \frac{1 - \max\{\varepsilon_5^2, 1/4\}}{((R_3 + r_0)\delta^n)^2},$$

where

$$\varepsilon_5 = \frac{\varepsilon_0 R_2 + 4r_0}{R_2 - 2r_0}.$$

Using this and the regularity we get

$$\begin{aligned} (7) \quad l(G_k^{n-1}) - l(G_{k-1}^{n-1}) &= (1 + 2C_1)d(x, y) \leq (1 + 2C_1)(1 + r_1)\delta^{n-1} = \frac{C_3 \delta^{3n} r_0^3 c_1}{M_0^3 \delta^{2n}} \\ &\leq C_3 \int_{B(x, (R_3 + r_0)\delta^n)} \int_{T_n^1(z_3)} \int_{T_n^1(z_3) \cap T_n^1(z_2)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3, \end{aligned}$$

where

$$c_1 = \frac{1 - \max\{\varepsilon_5^2, 1/4\}}{(R_3 + r_0)^2},$$

$$C_3 = \frac{M_0^3(1 + 2C_1)(1 + r_1)}{c_1 \delta r_0^3}$$

and $T_n^1(z) = B(z, 2(R_3 + r_0)\delta^n) \setminus B(z, (R_2 - 2r_0)\delta^n)$ for $z \in E$.

For the rest of the cases we assume that $\vartheta(x, n) \geq \varepsilon_0$.

Case 2. There exists $z \in D_{k-1}^{n-1}(y)$, $n' \leq n$, $k' \in \{1, \dots, \#A_{n'}\}$ such that $k' \leq k$ if $n' = n$, $\{y', z'\} \in F_{k'-1}^{n'-1}$, $y = q_{n-1, n'}(y')$, $z = q_{n-1, n'}(z')$ and $C_2 d(x_{k'}^{n'}, \{y', z'\}) \leq d(y', z')$.

We define G_k^{n-1} , P_k^{n-1} and f_k^{n-1} as in Case 1. Now

$$(8) \quad l(G_k^{n-1}) - l(G_{k-1}^{n-1}) = (1 + 2C_1)d(x, y).$$

The construction will show that $\{q_{m, n}(y), q_{m, n}(z)\} \in F_0^m$ for all $m \geq n$.

For the rest of the cases we assume that the condition of Case 2 does not hold.

Case 3. There exists $z \in D_{k-1}^{n-1}(y)$ such that $d(x, z) \leq d(y, z)$.

We set $V_k^{n-1} = V_{k-1}^{n-1} \cup \{x\}$ and define

$$E_k^{n-1} = (E_{k-1}^{n-1} \setminus \{\{y, z\}\}) \cup \{\{y, x\}, \{x, z\}\}.$$

Further we define w_k^{n-1} by setting

$$w_k^{n-1}(e) = \begin{cases} d(y, x) & \text{for } e = \{y, x\}, \\ \max\{d(x, z), w_{k-1}^{n-1}(\{y, z\}) - d(y, x)\} & \text{for } e = \{x, z\}, \\ w_{k-1}^{n-1}(e) & \text{for } e \in E_{k-1}^{n-1} \setminus \{\{y, z\}\}. \end{cases}$$

Let $z', y' \in V_{k-1}^{n-1}$ such that $\{z', z\} \in P_{k-1}^{n-1}(y)$ and $\{y, y'\} \in P_{k-1}^{n-1}(z)$. We set

$$P_k^{n-1}(v) = \begin{cases} \{\{y, z\}\} & \text{for } v = x, \\ (P_{k-1}^{n-1}(v) \setminus \{\{z', z\}\}) \cup \{\{z', x\}\} & \text{for } v = y, \\ (P_{k-1}^{n-1}(v) \setminus \{\{y, y'\}\}) \cup \{\{x, y'\}\} & \text{for } v = z, \\ P_{k-1}^{n-1}(v) & \text{for } v \in D_{k-1}^{n-1} \setminus \{y, z\}. \end{cases}$$

Let $(t_1, t_2) \in J_{k-1}^{n-1}(\{y, z\})$. We set

$$I_{k,0}^{n-1} = J_1 \cup \{t_1 + w_k^{n-1}(\{f_{k-1}^{n-1}(t_1), x\})\} \cup J_2,$$

where $J_1 = I_{k-1}^{n-1} \cap [0, t_1]$ and $J_2 = (I_{k-1}^{n-1} \cap [t_2, \infty[) + l(G_k^{n-1}) - l(G_{k-1}^{n-1})$, and define $f_{k,0}^{n-1}: I_{k,0}^{n-1} \rightarrow D_k^{n-1}$ by setting

$$f_{k,0}^{n-1}(s) = \begin{cases} f_{k-1}^{n-1}(s) & \text{for } s \in J_1, \\ x & \text{for } s = t_1 + w_k^{n-1}(\{f_{k-1}^{n-1}(t_1), x\}), \\ f_{k-1}^{n-1}(s - l(G_k^{n-1}) + l(G_{k-1}^{n-1})) & \text{for } s \in J_2. \end{cases}$$

If $\#J_{k-1}^{n-1}(\{y, z\}) = 1$, we put $I_k^{n-1} = I_{k,0}^{n-1}$ and $f_k^{n-1} = f_{k,0}^{n-1}$. Else let $u_1, u_2 \in I_{k,0}^{n-1}$ such that $u_2 - u_1 = w_{k-1}^{n-1}(\{y, z\})$, $f_{k,0}^{n-1}(\{u_1, u_2\}) = \{y, z\}$ and $I_{k,0}^{n-1} \cap]u_1, u_2[= \emptyset$. We set

$$I_k^{n-1} = J_1 \cup \{u_1 + w_k^{n-1}(f_{k,0}^{n-1}(u_1), x)\} \cup J_2,$$

where $J_1 = I_{k,0}^{n-1} \cap [0, u_1]$ and $J_2 = (I_{k,0}^{n-1} \cap [u_2, \infty[) + l(G_k^{n-1}) - l(G_{k-1}^{n-1})$, and define f_k^{n-1} by setting

$$f_k^{n-1}(s) = \begin{cases} f_{k,0}^{n-1}(s) & \text{for } s \in J_1, \\ x & \text{for } s = u_1 + w_k^{n-1}(\{f_{k,0}^{n-1}(u_1), x\}), \\ f_{k,0}^{n-1}(s - l(G_k^{n-1}) + l(G_{k-1}^{n-1})) & \text{for } s \in J_2. \end{cases}$$

Now $I_k^{n-1} \subset [0, 2l(T_k^{n-1})]$ and f_k^{n-1} is surjective and 1-Lipschitz.

We next show that the $(n-1, k)$ -property is satisfied at z . Suppose that $\{z_1, z_2\} \in P_k^{n-1}(z)$ such that $\{z_1, z_2\} \subset D_k^{n-1}(z)$ and $\max\{d(z, z_1), d(z, z_2)\} < C_2(1+r_1)\delta^{n-1}$. If $x \notin \{z_1, z_2\}$, then $\{z_1, z_2\} \in P_{k-1}^{n-1}(z)$ and the $(n-1, k)$ -property is satisfied at z by the $(n-1, k-1)$ -property. Thus we may assume that $z_1 = x$, which implies $\{y, z_2\} \in P_{k-1}^{n-1}(z)$. Since $d(y, z) < C_2(1+r_1)\delta^{n-1}$, we have $yz z_2$ by the $(n-1, k-1)$ -property. By choosing

$$R_2 \leq 1 - \frac{2r_1}{1-\delta},$$

$$R_3 \geq \frac{(2C_2 - \varepsilon_0)(1+r_1)}{\delta} + \frac{r_1}{1-\delta}$$

we have $\{y, q_{m_1, n}(x), q_{m, n}(z), q_{m_2, n}(z_2)\} \in \mathcal{O}(\varepsilon_0)$ for any $m, m_1, m_2 \geq n-1$. Now $d(v_1, v_2) < Kd(v_3, v_4)$ for all $v_1, v_2, v_3, v_4 \in \{y, x, z, z_2\}$, $v_3 \neq v_4$, where

$$K = C_2 \left(1 + \frac{1+r_1}{(1-2r_1)\delta} \right).$$

We choose $\varepsilon_0 \geq K/(K+1)$. Therefore, since yxz and $yz z_2$, $\{y, x, z, z_2\}$ has an order by Lemma 2.2 of [3]. So we must have $xz z_2$. Choosing $r_1 < \varepsilon_0(1-\delta-2r_1)$ the following lemma gives that the $(n-1, k)$ -property is satisfied at z . Similarly we see that $(n-1, k)$ is satisfied at y and x .

Lemma 3.1. *Let $\{\zeta, \eta, \xi, \xi_1\} \subset E$ such that $\{\zeta, \eta, \xi\}, \{\zeta, \eta, \xi_1\} \in \mathcal{O}(\varepsilon_0)$.*

- (i) *If $\zeta\eta\xi$ and $d(\xi, \xi_1) < \varepsilon_0 \min\{d(\zeta, \eta), d(\eta, \xi) + d(\eta, \xi_1)\}$, then $\zeta\eta\xi_1$.*
- (ii) *If $\zeta\xi\eta$ and $d(\xi, \xi_1) < \varepsilon_0 \min\{d(\xi, \zeta) + d(\xi_1, \zeta), d(\xi, \eta) + d(\xi_1, \eta)\}$, then $\zeta\xi_1\eta$.*

Proof. (i) By the assumptions we have

$$\begin{aligned} d(\zeta, \xi_1) + \varepsilon_0 d(\eta, \xi_1) - d(\zeta, \eta) &\geq d(\zeta, \xi) - d(\xi, \xi_1) + \varepsilon_0 d(\eta, \xi_1) - d(\zeta, \eta) \\ &\geq d(\zeta, \eta) + \varepsilon_0 d(\eta, \xi) - d(\xi, \xi_1) + \varepsilon_0 d(\eta, \xi_1) - d(\zeta, \eta) \\ &= \varepsilon_0(d(\eta, \xi) + d(\eta, \xi_1)) - d(\xi, \xi_1) > 0 \end{aligned}$$

and

$$\begin{aligned} d(\zeta, \xi_1) + \varepsilon_0 d(\zeta, \eta) - d(\eta, \xi_1) &\geq d(\zeta, \xi) + \varepsilon_0 d(\zeta, \eta) - d(\eta, \xi) - 2d(\xi, \xi_1) \\ &\geq \varepsilon_0 d(\zeta, \eta) + d(\eta, \xi) + \varepsilon_0 d(\zeta, \eta) - d(\eta, \xi) - 2d(\xi, \xi_1) \\ &= 2\varepsilon_0 d(\zeta, \eta) - 2d(\xi, \xi_1) > 0. \end{aligned}$$

Therefore, since $\{\zeta, \eta, \xi_1\} \in \mathcal{O}(\varepsilon_0)$, we must have $\zeta\eta\xi_1$.

(ii) Now the assumption gives

$$\begin{aligned} d(\zeta, \eta) + \varepsilon_0 d(\xi_1, \eta) - d(\zeta, \xi_1) \\ &\geq d(\zeta, \xi) + \varepsilon_0 d(\xi, \eta) + \varepsilon_0 d(\xi_1, \eta) - d(\zeta, \xi) - d(\xi, \xi_1) \\ &= \varepsilon_0 (d(\xi, \eta) + d(\xi_1, \eta)) - d(\xi, \xi_1) > 0 \end{aligned}$$

and similarly $d(\zeta, \eta) + \varepsilon_0 d(\zeta, \xi_1) > d(\xi_1, \eta)$. □

Since $R_2 \leq 1 - 2r_1$ and $\delta R_3 \geq C_2(1 + r_1)$, we have

$$(9) \quad l(G_k^{n-1}) - l(G_{k-1}^{n-1}) \leq d(y, x) + d(x, z) - d(y, z) \leq (1 - \varepsilon_0)d(y, x).$$

Let us now assume that there is $m \geq n$ such that $\{\{q_{m,n}(y), q_{m,n}(x)\}, \{q_{m,n}(x), q_{m,n}(z)\}\} \cap F_0^m = \emptyset$. By the construction (see also Case 4 and Section 4) this implies that there exist $y_1, w_1, x_1, x_2, w_2, z_2 \in E$ such that $y_1 w_1 x_1, x_2 w_2 z_2$,

$$\begin{aligned} \max\{d(y, y_1), d(z, z_2)\} &\leq \frac{r_1 \delta^n}{1 - \delta}, \\ \max\{d(x, x_1), d(x, x_2)\} &\leq \frac{r_1 \delta^{n+1}}{1 - \delta}, \\ d(y_1, x_1) &< C_2 \min\{d(y_1, w_1), d(w_1, x_1)\}, \\ d(x_2, z_2) &< C_2 \min\{d(x_2, w_2), d(w_2, z_2)\} \end{aligned}$$

and

$$\begin{aligned} &\min\{d(y_1, w_1), d(w_1, x_1), d(x_2, w_2), d(w_2, z_2)\} \\ &\leq \min\left\{d(w_1, w_2) + \frac{r_1 \delta^{n+1}}{1 - \delta}, d(w_1, z) + \frac{r_1 \delta^n}{1 - \delta}, d(y, w_2) + \frac{r_1 \delta^n}{1 - \delta}\right\}. \end{aligned}$$

Denote

$$\begin{aligned} r' &= \frac{1}{C_2} d(y, x) - d_0 \delta^n, \\ C'_1 &= M_0^2 \left(\frac{1 + r_1}{\delta} \left(C_2 - \varepsilon_0 + \frac{1}{C_2} \right) - d_0 \right), \end{aligned}$$

where

$$d_0 = \left(1 + \frac{1 + \delta}{C_2} \right) \frac{r_1}{1 - \delta}.$$

Below we will use

$$\begin{aligned} \max \left\{ \frac{r_1}{1-\delta}, r_5(1-2r_1) \right\} &\leq \varepsilon_0 \left(\frac{1}{C_2}(1-2r_1) - d_0 \right), \\ \max \left\{ \frac{r_4}{\delta}, R_2 \right\} &\leq \left(\frac{1}{C_2} - 2r_5 \right) (1-2r_1) - d_0, \\ r_2 &\leq \delta \left(\left(\frac{1}{C_2} - r_5 \right) (1-2r_1) - d_0 \right) - r_1 \end{aligned}$$

and

$$\begin{aligned} r_3 &\geq C'_1 + \frac{(C_2 - \varepsilon_0 + 2r_5)(1+r_1)}{\delta} + r_1, \\ R_3 &\geq C'_1 + \frac{2r_5(1+r_1)}{\delta} + r_1. \end{aligned}$$

By the first part of Lemma 3.1 we have yw_1x and xw_2z . Let N_1 be the smallest integer such that $C'_1\delta^{N_1} < d(E)$ and assume that $n \geq N_1$. Denote $R' = M_0^2((C_2 - \varepsilon_0)d(y, x) + r')$. By the regularity

$$\begin{aligned} \mu(B(x, R') \setminus B(x, d(x, z) + r')) &\geq \mu(B(x, R')) - \mu(B(x, d(x, z) + r')) \\ &\geq M_0^{-1}R' - M_0(d(x, z) + r') > 0 \end{aligned}$$

and so we find $w_3 \in B(x, R') \setminus B(x, d(x, z) + r')$. Now $d(z_1, z_2) > r'$ for any $z_1, z_2 \in \{y, w_1, x, w_2, z, w_3\}$, $z_1 \neq z_2$. We may assume that $d(w_3, x) \leq d(w_3, z)$. The other case can be treated similarly.

Now $x = q_n(x')$ for some $x' \in A'_n$. Further by the construction there are $n_2, n_3 \in \{n-1, n\}$ such that $y = q_{n_2}(y')$ and $z = q_{n_3}(z')$ for some $y', z' \in E$. Denote $B_i = B(w_i, r_5d(y, x))$ for $i = 1, 2, 3$. Now

$$B_i \times B_j \subset S_n(x') \cap S_{n_2}(y') \cap S_{n_3}(z')$$

for $i, j \in \{1, 2, 3\}$, $i \neq j$. We also have

$$\begin{aligned} (B_y \times B_z) \cup ((B_y \cup B_z) \times (B_1 \cup B_2 \cup B_3)) &\subset S_n(x'), \\ (B_x \times B_z) \cup ((B_x \cup B_z) \times (B_1 \cup B_2 \cup B_3)) &\subset S_{n_2}(y'), \\ (B_x \times B_y) \cup ((B_x \cup B_y) \times (B_1 \cup B_2 \cup B_3)) &\subset S_{n_3}(z'), \end{aligned}$$

where $B_x = B(x, r_5d(y, x))$, $B_y = B(y, r_5d(y, x))$ and $B_z = B(z, r_5d(y, x))$. Thus

$$\min \left\{ \mu^2(S_n(x')), \mu^2(S_{n_2}(y')), \mu^2(S_{n_3}(z')) \right\} \geq \frac{20r_5^2d(y, x)^2}{M_0^2}.$$

Denote

$$G = \frac{M_0^4 r_3^2 (2 + \delta^2) \delta^{2n-2}}{r_5^2 d(y, x)^2}$$

and let $\Gamma = \Gamma_1 \cup \Gamma_2 \cup \Gamma_3$, where

$$\begin{aligned}\Gamma_1 &= \left\{ (\zeta, \eta) \in S_n(x') : \mu^2(S_n(x'))c(\zeta, \eta, x)^2 \geq G \int_{S_n(x')} c(z_1, z_2, x)^2 d\mu^2(z_1, z_2) \right\}, \\ \Gamma_2 &= \left\{ (\zeta, \eta) \in S_{n_2}(y') : \mu^2(S_{n_2}(y'))c(\zeta, \eta, y)^2 \geq G \int_{S_{n_2}(y')} c(z_1, z_2, y)^2 d\mu^2(z_1, z_2) \right\}, \\ \Gamma_3 &= \left\{ (\zeta, \eta) \in S_{n_3}(z') : \mu^2(S_{n_3}(z'))c(\zeta, \eta, z)^2 \geq G \int_{S_{n_3}(z')} c(z_1, z_2, z)^2 d\mu^2(z_1, z_2) \right\}.\end{aligned}$$

If $c(x, y, z) = 0$, we have $l(G_k^{n-1}) - l(G_{k-1}^{n-1}) = 0$. Thus we may assume $c(x, y, z) > 0$. Then, since $(z_1, z_2) \mapsto c(z_1, z_2, z_3)$ is continuous on $\{(z_1, z_2) \in E^2 : z_1 \neq z_2 \neq z_3 \neq z_1\}$ in the product topology, we have by the regularity

$$\begin{aligned}\int_{S_n(x')} c(z_1, z_2, x)^2 d\mu^2(z_1, z_2) &> 0, \\ \int_{S_{n_2}(y')} c(z_1, z_2, y)^2 d\mu^2(z_1, z_2) &> 0, \\ \int_{S_{n_3}(z')} c(z_1, z_2, z)^2 d\mu^2(z_1, z_2) &> 0.\end{aligned}$$

Thus by the Tchebychev inequality

$$\begin{aligned}\mu^2(\Gamma) &\leq \mu^2(\Gamma_1) + \mu^2(\Gamma_2) + \mu^2(\Gamma_3) \\ &\leq \frac{1}{G} (\mu^2(S_n(x')) + \mu^2(S_{n_2}(y')) + \mu^2(S_{n_3}(z'))) \\ (10) \quad &\leq \frac{1}{G} \left(M_0 r_3 - \frac{1}{M_0} r_2 \right)^2 (\delta^{2n} + \delta^{2n_2} + \delta^{2n_3}) \\ &\leq \frac{1}{G} \left(M_0 r_3 - \frac{1}{M_0} r_2 \right)^2 \left(1 + \frac{2}{\delta^2} \right) \delta^{2n} < \frac{r_5^2 d(y, x)^2}{M_0^2}.\end{aligned}$$

Denote $U_i = \{w \in B_1 : \{w\} \times B_i \subset \Gamma\}$ for $i = 2, 3$. We next show that there exists $(u_1, u_2, u_3) \in B_1 \times B_2 \times B_3$ such that $(u_1, u_2) \notin \Gamma$ and $(u_1, u_3) \notin \Gamma$. Suppose this is false. Then $B_1 = U_2 \cup U_3$. Letting

$$p = \mu^2(S_n(x'))^{-1} G \int_{S_n(x')} c(z_1, z_2, x)^2 d\mu^2(z_1, z_2)$$

we have

$$\begin{aligned}\{w \in B_1 : \{w\} \times B_2 \subset \Gamma_1\} &= \{w \in B_1 : c(w, z_2, x)^2 \geq p \text{ for all } z_2 \in B_2\} \\ &= \bigcap_{z_2 \in B_2} \{w \in B_1 : c(w, z_2, x)^2 \geq p\},\end{aligned}$$

which is a closed set. Similarly $\{w \in B_1 : \{w\} \times B_i \subset \Gamma_j\}$ is closed for each $i \in \{2, 3\}$ and $j \in \{1, 2, 3\}$. Thus U_1 and U_2 are closed and we get

$$\begin{aligned} \mu^2(\Gamma) &\geq \mu^2(U_2 \times B_2) + \mu^2(U_3 \times B_3) \\ &= \mu(U_2)\mu(B_2) + \mu(U_3)\mu(B_3) \\ &\geq (\mu(U_2) + \mu(U_3)) \min\{\mu(B_2), \mu(B_3)\} \\ &\geq \mu(B_1) \min\{\mu(B_2), \mu(B_3)\} \geq \frac{r_5^2 d(y, x)^2}{M_0^2}, \end{aligned}$$

which contradicts (10).

For any $z_1, z_2 \in \{y, u_1, x, u_2, z, u_3\}$, $z_1 \neq z_2$, we have $d(z_1, z_2) \in]r, R]$, where $r = r' - 2r_5 d(y, x)$ and $R = R' + d(x, z) + 2r_5 d(y, x)$. Now $R \leq Kr$ for

$$K = \frac{((M_0^2 + 1)(C_2 - \varepsilon_0) + M_0^2 C_2^{-1} + 2r_5)(1 - 2r_1) - M_0^2 d_0}{(C_2^{-1} - 2r_5)(1 - 2r_1) - d_0}.$$

Therefore, choosing $\varepsilon_0^3 \geq (4K - 1)/(4K + 1)$, $\{y, u_1, x, u_2, z, u_3\}$ has an order by Lemma 2.3 of [3]. The latter part of Lemma 3.1 gives yu_1x and xu_2z . So we have yu_1xu_2z . Since

$$d(u_3, x) \geq d(w_3, x) - r_5 d(y, x) > d(x, z) + r' - r_5 d(y, x) > d(x, z) \geq d(y, x),$$

we must have $u_3yu_1xu_2z$ or $yu_1xu_2zu_3$. Using the assumption $d(w_3, x) \leq d(w_3, z)$ and Lemma 3.1 we get u_3xz . Thus we have $u_3yu_1xu_2z$.

Let $\varepsilon = \min\{\varepsilon_1, \varepsilon_2, \varepsilon_3, \varepsilon_4\}$, where $\varepsilon_1 = -\cos \angle u_1xu_2$, $\varepsilon_2 = -\cos \angle u_3yu_1$, $\varepsilon_3 = -\cos \angle u_1u_2z$ and $\varepsilon_4 = -\cos \angle u_3u_1z$. Then

$$\begin{aligned} d(y, z) &\geq d(u_3, z) - d(u_3, y) \\ &\geq \varepsilon_4 d(u_3, u_1) + d(u_1, z) - d(u_3, y) \\ &\geq \varepsilon_4(\varepsilon_2 d(u_3, y) + d(y, u_1)) + d(u_1, u_2) + \varepsilon_3 d(u_2, z) - d(u_3, y) \\ &\geq \varepsilon_4(\varepsilon_2 d(u_3, y) + d(y, u_1)) + d(u_1, x) + \varepsilon_1 d(x, u_2) + \varepsilon_3 d(u_2, z) - d(u_3, y) \\ &\geq \varepsilon(d(y, u_1) + d(u_1, x) + d(x, u_2) + d(u_2, z)) + (\varepsilon^2 - 1)d(u_3, y) \\ &\geq \varepsilon(d(y, x) + d(x, z)) + (\varepsilon^2 - 1)d(u_3, y). \end{aligned}$$

Denote

$$\begin{aligned} \lambda_1 &= c(x, u_1, u_2)^2 d(u_1, u_2)^2, \\ \lambda_2 &= c(y, u_1, u_3)^2 d(u_1, u_3)^2, \\ \lambda_3 &= c(z, u_1, u_2)^2 d(u_1, z)^2, \\ \lambda_4 &= c(z, u_1, u_3)^2 d(u_3, z)^2. \end{aligned}$$

Now

$$\begin{aligned}\lambda_1 &< \frac{Gd(u_1, u_2)^2}{\mu(B(x', r_1\delta^n))\mu^2(S_n(x'))} \int_{B(x', r_1\delta^n)} \int_{S_n(x')} c(z_1, z_2, z_3)^2 d\mu^2(z_1, z_2) d\mu z_3, \\ \lambda_2 &< \frac{Gd(u_1, u_3)^2}{\mu(B(y', r_1\delta^{n_2}))\mu^2(S_{n_2}(y'))} \int_{B(y', r_1\delta^{n_2})} \int_{S_{n_2}(y')} c(z_1, z_2, z_3)^2 d\mu^2(z_1, z_2) d\mu z_3, \\ \lambda_3 &< \frac{Gd(u_1, z)^2}{\mu(B(z', r_1\delta^{n_3}))\mu^2(S_{n_3}(z'))} \int_{B(z', r_1\delta^{n_3})} \int_{S_{n_3}(z')} c(z_1, z_2, z_3)^2 d\mu^2(z_1, z_2) d\mu z_3, \\ \lambda_4 &< \frac{Gd(u_3, z)^2}{\mu(B(z', r_1\delta^{n_3}))\mu^2(S_{n_3}(z'))} \int_{B(z', r_1\delta^{n_3})} \int_{S_{n_3}(z')} c(z_1, z_2, z_3)^2 d\mu^2(z_1, z_2) d\mu z_3.\end{aligned}$$

Using this we get

$$\begin{aligned}(11) \quad & l(G_k^{n-1}) - l(G_{k-1}^{n-1}) \\ & \leq d(y, x) + d(x, z) - d(y, z) \\ & \leq (1 - \varepsilon)(d(y, x) + d(x, z)) + (1 - \varepsilon^2)d(u_3, y) \\ & \leq (1 - \varepsilon^2)(d(y, x) + d(x, z) + d(u_3, y)) \\ & \leq \frac{1}{4} \max\{\lambda_1, \lambda_2, \lambda_3, \lambda_4\}(d(y, x) + d(x, z) + d(u_3, y)) \\ & \leq C_4 \int_{B(x, R_4\delta^n)} \int_{T_n^2(z_3)} \int_{T_n^2(z_3) \setminus B(z_2, r_4\delta^n)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3,\end{aligned}$$

where

$$\begin{aligned}R_4 &= \frac{(C_2 - \varepsilon_0)(1 + r_1) + 2r_1}{\delta}, \\ T_n^2(z_3) &= B(z_3, (r_3 + r_1)\delta^{n-1}) \setminus B(z_3, (r_2 - r_1)\delta^n)\end{aligned}$$

and

$$\begin{aligned}& \frac{M_0^3 Gd(u_3, z)^2 (d(y, x) + d(x, z) + d(u_3, y))}{4 \cdot 20r_5^2 d(y, x)^2 r_1 \delta^n} \\ & \leq \frac{3M_0^7 r_3^2 (2 + \delta^2)}{80(1 - 2r_1)r_5^4 r_1 \delta^2} \left(M_0^2 \left(C_2 - \varepsilon_0 + \frac{1}{C_2} - \frac{d_0}{1 - 2r_1} \right) + C_2 - \varepsilon_0 + 2r_5 \right)^3 = C_4.\end{aligned}$$

Case 4. $d(y, z) < d(x, z)$ for all $z \in D_{k-1}^{n-1}(y)$.

Assume that $\{z_1, z_2\} \in P_{k-1}^{n-1}(y)$ such that $\{z_1, z_2\} \subset D_{k-1}^{n-1}(y)$. Now $d(y, v) < C_2(1+r_1)\delta^{n-1}$ for all $v \in D_{k-1}^{n-1}(y)$. Thus by the $(n-1, k-1)$ -property we have $z_1 y z_2$. Since $\delta R_3 \geq (1 + C_2)(1 + r_1)$ and $R_2 \leq 1 - 2r_1$, we have $\{y, x, z_1, z_2\} \in \mathcal{O}(\varepsilon_0)$. Now $d(v_1, v_2) < Kd(v_3, v_4)$ for all $v_1, v_2, v_3, v_4 \in \{z_1, x, y, z_2\}$, $v_3 \neq v_4$, and $\varepsilon_0 \geq K/(K+1)$ for $K = \max\{2C_2, (1 + C_2)(1 + r_1)(1 - 2r_1)^{-1}\}$. Since now xyz_1 and xyz_2 , it follows from Lemma 2.2 of [3] that $yz_1 z_2$ or $yz_2 z_1$, which is a contradiction. Thus the

assumption above is false and for fixed $z \in D_{k-1}^{n-1}(y)$ there exists $b \in V_{k-1}^{n-1} \setminus D_{k-1}^{n-1}$ such that $\{z, b\} \in P_{k-1}^{n-1}(y)$.

We set $V_k^{n-1} = V_{k-1}^{n-1} \cup \{x\}$ and define

$$E_k^{n-1} = (E_{k-1}^{n-1} \setminus \{\{y, b\}\}) \cup \{\{x, y\}, \{x, b\}\}.$$

Further we define w_k^{n-1} and P_k^{n-1} by setting

$$w_k^{n-1}(e) = \begin{cases} d(x, y) & \text{for } e = \{x, y\}, \\ w_{k-1}^{n-1}(\{y, b\}) & \text{for } e = \{x, b\}, \\ w_{k-1}^{n-1}(e) & \text{for } e \in E_{k-1}^{n-1} \setminus \{\{y, b\}\} \end{cases}$$

and

$$P_k^{n-1}(v) = \begin{cases} \{\{y, b\}\} & \text{for } v = x, \\ (P_{k-1}^{n-1}(v) \setminus \{\{z, b\}\}) \cup \{\{x, z\}\} & \text{for } v = y, \\ P_{k-1}^{n-1}(v) & \text{for } v \in D_{k-1}^{n-1} \setminus \{y\}. \end{cases}$$

Now

$$(12) \quad l(G_k^{m-1}) - l(G_{k-1}^{m-1}) = d(x, y).$$

Since xyz , $\delta R_3 \geq (1 + C_2)(1 + r_1)\delta^{-1} + r_1(1 - \delta)^{-1}$, $R_2 \leq 1 - 2r_1(1 - \delta)^{-1}$ and $r_1 < \varepsilon_0(1 - \delta - 2r_1)$, we have the $(n - 1, k)$ -property at y by Lemma 3.1. The construction will show that for each $m \geq n$ there is $v \in D_0^m$ such that $\{v, b\} \in E_0^m$ and $w_0^m(\{v, b\}) = w_{k-1}^{n-1}(\{y, b\})$. We define I_k^{n-1} and f_k^{n-1} as in Case 1.

4. Construction of G_0^n

Denote $D_0^{n-1} = \{x_{\#A_n+1}^n, \dots, x_{\#D_0^n}^n\}$. We define inductively $D_k^{n-1} = (D_{k-1}^{n-1} \setminus \{x_k^n\}) \cup \{q_n(x_k^n)\}$ for $k = \#A_n + 1, \dots, \#D_0^n$. Let $k \in \{\#A_n + 1, \dots, \#D_0^n\}$ and assume by induction that we have constructed a graph $G_{k-1}^{n-1} = (V_{k-1}^{n-1}, E_{k-1}^{n-1})$ with a weight function $w_{k-1}^{n-1}: E_{k-1}^{n-1} \rightarrow]0, \infty[$ and a 1-Lipschitz surjection $f_{k-1}^{n-1}: I_{k-1}^{n-1} \rightarrow D_{k-1}^{n-1}$, where $I_{k-1}^{n-1} \subset [0, 2l(T_{k-1}^{n-1})]$. We also assume that we have defined a function P_{k-1}^{n-1} .

We denote $x = x_k^n$. We set $V_k^{n-1} = (V_{k-1}^{n-1} \setminus \{x\}) \cup \{q_n(x)\}$ and define

$$E_k^{n-1} = (E_{k-1}^{n-1} \setminus \{\{x, v\} : v \in V_{k-1}^{n-1}(x)\}) \cup \{\{q_n(x), v\} : v \in V_{k-1}^{n-1}(x)\}.$$

Further we define $w_{k,0}^{n-1}: E_k^{n-1} \rightarrow]0, \infty[$ by setting

$$w_{k,0}^{n-1}(e) = \begin{cases} w_{k-1}^{n-1}(\{x, v\}) + r_1\delta^n & \text{for } e = \{q_n(x), v\}, \text{ where } v \in D_{k-1}^{n-1}(x), \\ w_{k-1}^{n-1}(\{x, v\}) & \text{for } e = \{q_n(x), v\}, \text{ where } v \in V_{k-1}^{n-1}(x) \setminus E, \\ w_{k-1}^{n-1}(e) & \text{for } e \in E_{k-1}^{n-1} \setminus \{\{x, v\} : v \in V_{k-1}^{n-1}(x)\}. \end{cases}$$

For any $v \in D_{k-1}^{n-1}(x)$ let $z(v) \in V_{k-1}^{n-1}(v)$ for which $\{x, z(v)\} \in P_{k-1}^{n-1}(v)$. We define P_k^{n-1} by setting

$$P_k^{n-1}(v) = \begin{cases} P_{k-1}^{n-1}(x) & \text{for } v = q_n(x), \\ (P_{k-1}^{n-1}(v) \setminus \{\{x, z(v)\}\}) \cup \{\{q_n(x), z(v)\}\} & \text{for } v \in D_{n-1}^{k-1}(x), \\ P_{k-1}^{n-1}(v) & \text{for } v \in D_{k-1}^{n-1} \setminus (D_{n-1}^{k-1}(x) \cup \{x\}). \end{cases}$$

Further we set $I_{k,0}^{n-1} = I_{k-1}^{n-1}$ and define $f_{k,0}^{n-1}: I_{k,0}^{n-1} \rightarrow D_k^{n-1}$ by setting

$$f_{k,0}^{n-1}(s) = \begin{cases} q_n(x) & \text{if } f_{k-1}^{n-1}(s) = x, \\ f_{k-1}^{n-1}(s) & \text{if } f_{k-1}^{n-1}(s) \neq x. \end{cases}$$

Let $\{y_1, \dots, y_m\} = D_{k-1}^{n-1}(x)$ and $i \in \{1, \dots, m\}$, where $m = \#D_{k-1}^{n-1}(x)$. Assume by induction that we have defined a function $f_{k,i-1}^{n-1}: I_{k,i-1}^{n-1} \rightarrow D_k^{n-1}$. Let $(t_1, t_2) \in J_{k-1}^{n-1}(\{x, y_i\})$. We set

$$I_{k,i,0}^{n-1} = (I_{k,i-1}^{n-1} \cap [0, t_1]) \cup ((I_{k,i-1}^{n-1} \cap [t_2, \infty[) + r_1\delta^n)$$

and define $f_{k,i,0}^{n-1}: I_{k,i,0}^{n-1} \rightarrow D_k^{n-1}$ by setting

$$f_{k,i,0}^{n-1}(s) = \begin{cases} f_{k,i-1}^{n-1}(s) & \text{for } s \in I_{k,i-1}^{n-1} \cap [0, t_1], \\ f_{k,i-1}^{n-1}(s - r_1\delta^n) & \text{for } s \in (I_{k,i-1}^{n-1} \cap [t_2, \infty[) + r_1\delta^n. \end{cases}$$

If $\#J_{k-1}^{n-1}(\{x, y_i\}) = 1$, we put $I_{k,i}^{n-1} = I_{k,i,0}^{n-1}$ and $f_{k,i}^{n-1} = f_{k,i,0}^{n-1}$. Else let $u_1, u_2 \in I_{k,i,0}^{n-1}$ such that $u_2 - u_1 = w_{k-1}^{n-1}(\{x, y_i\})$, $f_{k,i,0}^{n-1}(\{u_1, u_2\}) = \{x, y_i\}$ and $I_{k,i,0}^{n-1} \cap]u_1, u_2[= \emptyset$. We set

$$I_{k,i}^{n-1} = (I_{k,i,0}^{n-1} \cap [0, u_1]) \cup ((I_{k,i,0}^{n-1} \cap [u_2, \infty[) + r_1\delta^n)$$

and define $f_{k,i}^{n-1}$ by setting

$$f_{k,i}^{n-1}(s) = \begin{cases} f_{k,i,0}^{n-1}(s) & \text{for } s \in I_{k,i,0}^{n-1} \cap [0, u_1], \\ f_{k,i,0}^{n-1}(s - r_1\delta^n) & \text{for } s \in (I_{k,i,0}^{n-1} \cap [u_2, \infty[) + r_1\delta^n. \end{cases}$$

Denote

$$P = \{ \{v_1, v_2\} \in P_{k-1}^{n-1}(x) : \max\{d(q_n(x), q_{n,n}(v_1)), d(q_n(x), q_{n,n}(v_2))\} < C_2(1 + r_1)\delta^n \text{ and } \{v_1, v_2\} \subset D_{k-1}^{n-1}(x) \}.$$

If $P = \emptyset$, we set $w_k^{n-1} = w_{k,0}^{n-1}$, $I_k^{n-1} = I_{k,m}^{n-1}$ and $f_k^{n-1} = f_{k,m}^{n-1}$. From now on we assume that $\{y, z\} \in P$. Let us define w_k^{n-1} by setting

$$w_k^{n-1}(e) = \begin{cases} \rho & \text{for } e = \{y, q_n(x)\}, \\ \tau & \text{for } e = \{q_n(x), z\}, \\ w_{k,0}^{n-1}(e) & \text{for } e \in E_k^{n-1} \setminus \{\{y, q_n(x)\}, \{q_n(x), z\}\}, \end{cases}$$

where

$$\begin{aligned}\rho &= \max \{w_{k-1}^{n-1}(\{y, x\}) - r_1 \delta^n, d(y, q_n(x))\}, \\ \tau &= \max \{w_{k-1}^{n-1}(\{y, x\}) + w_{k-1}^{n-1}(\{x, z\}) - \rho, d(q_n(x), z)\}.\end{aligned}$$

Let $\{e_1, e_2\} = \{\{y, q_n(x)\}, \{q_n(x), z\}\}$ and $i \in \{1, 2\}$ and assume by induction that we have defined a function $f_{k, m+i-1}^{n-1}: I_{k, m+i-1}^{n-1} \rightarrow D_k^{n-1}$. Let $t_1, t_2 \in I_{k, m+i-1}^{n-1}$ such that $t_2 - t_1 = w_{k,0}^{n-1}(e_i)$, $f_{k, m+i-1}^{n-1}(\{t_1, t_2\}) = e_i$ and $I_{k, m+i-1}^{n-1} \cap]t_1, t_2[= \emptyset$. We set

$$I_{k, m+i, 0}^{n-1} = J_1 \cup J_2,$$

where $J_1 = I_{k, m+i-1}^{n-1} \cap [0, t_1]$ and $J_2 = (I_{k, m+i-1}^{n-1} \cap [t_2, \infty[) + w_k^{n-1}(e_i) + t_1 - t_2$, and define $f_{k, m+i, 0}^{n-1}: I_{k, m+i, 0}^{n-1} \rightarrow D_k^{n-1}$ by setting

$$f_{k, m+i, 0}^{n-1}(s) = \begin{cases} f_{k, m+i-1}^{n-1}(s) & \text{for } s \in J_1, \\ f_{k, m+i-1}^{n-1}(s - w_k^{n-1}(e_i) - t_1 + t_2) & \text{for } s \in J_2. \end{cases}$$

If there exist $u_1, u_2 \in I_{k, m+i, 0}^{n-1}$ such that $u_1 \neq t_1$, $u_2 - u_1 = w_{k,0}^{n-1}(e_i)$, $f_{k, m+i, 0}^{n-1}(\{u_1, u_2\}) = e_i$ and $I_{k, m+i, 0}^{n-1} \cap]u_1, u_2[= \emptyset$, we set

$$I_{k, m+i}^{n-1} = J_1 \cup J_2,$$

where $J_1 = I_{k, m+i, 0}^{n-1} \cap [0, u_1]$ and $J_2 = (I_{k, m+i, 0}^{n-1} \cap [u_2, \infty[) + w_k^{n-1}(e_i) + u_1 - u_2$, and define $f_{k, m+i}^{n-1}: I_{k, m+i}^{n-1} \rightarrow D_k^{n-1}$ by setting

$$f_{k, m+i}^{n-1}(s) = \begin{cases} f_{k, m+i, 0}^{n-1}(s) & \text{for } s \in J_1, \\ f_{k, m+i, 0}^{n-1}(s - w_k^{n-1}(e_i) - t_1 + t_2) & \text{for } s \in J_2. \end{cases}$$

Else we put $I_{k, m+i}^{n-1} = I_{k, m+i, 0}^{n-1}$ and $f_{k, m+i}^{n-1} = f_{k, m+i, 0}^{n-1}$.

We set $I_k^{n-1} = I_{k, m+2}^{n-1}$ and $f_k^{n-1} = f_{k, m+2}^{n-1}$. By the construction there exists $\{y', z'\} \in P_{\#A_n}^{n-1}(x)$ such that $\{y', z'\} \subset D_{\#A_n}^{n-1}$, $q_{n,n}(y') = q_{n,n}(y)$ and $q_{n,n}(z') = q_{n,n}(z)$. Since $\delta \leq 1 - 2r_1$, we have $\max\{d(x, y'), d(x, z')\} < C_2(1 + r_1)\delta^n + 2r_1\delta^n \leq C_2(1 + r_1)\delta^{n-1}$. Thus $yq_n(x)z|_{\varepsilon_0}$ by the $(n-1, \#A_n)$ -property and we have

$$\begin{aligned}(13) \quad & w_k^{n-1}(\{y, q_n(x)\}) + w_k^{n-1}(\{q_n(x), z\}) - w_{k-1}^{n-1}(\{y, x\}) - w_{k-1}^{n-1}(\{x, z\}) \\ & \leq \max\{d(y, q_n(x)) + d(q_n(x), z) - d(y, x) - d(x, z), 0\} \\ & \leq d(y, q_n(x)) + d(q_n(x), z) - d(y, z) \\ & \leq (1 - \varepsilon_0) \min\{d(y, q_n(x)), d(q_n(x), z)\}.\end{aligned}$$

If $\vartheta(q_n(x), n) < \varepsilon_0$ we get as in Case 1

$$\begin{aligned}(14) \quad & w_k^{n-1}(\{y, q_n(x)\}) + w_k^{n-1}(\{q_n(x), z\}) - w_{k-1}^{n-1}(\{y, x\}) - w_{k-1}^{n-1}(\{x, z\}) \leq h\delta^n \\ & \leq C_5 \int_{B(q_n(x), (R_3+r_0)\delta^n)} \int_{T_n^1(z_3)} \int_{T_n^1(z_3) \cap T_n^1(z_2)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3,\end{aligned}$$

where $h = \min\{2r_1, (1 - \varepsilon_0)(C_2(1 + r_1) + r_1)\}$ and $C_5 = M_0^3 h c_1^{-1} r_0^{-3}$. We now assume that $\vartheta(q_n(x), n) \geq \varepsilon_0$ and there is $m \geq n$ such that $\{\{q_{m,n}(y), q_{m,n}(x)\}, \{q_{m,n}(x), q_{m,n}(z)\}\} \cap F_0^m = \emptyset$. Denote

$$C'_2 = M_0^2 (C_2(1 + r_1) + r_1 + d_1),$$

where $d_1 = C_2^{-1}(1 - r_1) - d_0$. Let N_2 be the smallest integer such that $C'_2 \delta^{N_2} < d(E)$. By assuming $n \geq N_2$ and using $\max\{r_1(1 - \delta)^{-1}, r_5\} \leq \varepsilon_0 d_1$, $\max\{r_4 \delta^{-1}, R_2\} \leq d_1 - 2r_5$, $r_2 \leq \delta(d_1 - r_5) - r_1$, $r_3 \geq C'_2 + C_2(1 + r_1) + 2(r_1 + r_5)$, $R_3 \geq C'_2 + r_1 + 2r_5$ and $\varepsilon_0^3 \geq (4K - 1)/(4K + 1)$, where

$$K = \frac{C'_2 + C_2(1 + r_1) + r_1 + 2r_5}{d_1 - 2r_5},$$

we get as in Case 3

$$\begin{aligned} & w_k^{n-1}(\{y, q_n(x)\}) + w_k^{n-1}(\{q_n(x), z\}) - w_{k-1}^{n-1}(\{y, x\}) - w_{k-1}^{n-1}(\{x, z\}) \\ (15) \quad & \leq d(y, q_n(x)) + d(q_n(x), z) - d(y, z) \\ & \leq C_6 \int_{B(q_n(x), R_5 \delta^n)} \int_{T_n^2(z_3)} \int_{T_n^2(z_3) \setminus B(z_2, r_4 \delta^n)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3, \end{aligned}$$

where

$$\begin{aligned} R_5 &= C_2(1 + r_1) + \left(1 + \frac{2}{\delta}\right) r_1, \\ C_6 &= \frac{3M_0^7 r_3^2 (2 + \delta^2) (C'_2 + C_2(1 + r_1) + r_1 + 2r_5)^3}{80r_5^4 r_1 \delta^2}. \end{aligned}$$

If $k = \#D_0^n$, we now set $V_0^n = V_k^{n-1}$, $E_0^n = E_k^{n-1}$, $w_0^n = w_k^{n-1}$, $P_0^n = P_k^{n-1}$, $I_0^n = I_k^{n-1}$ and $f_0^n = f_k^{n-1}$. Since $(C_2(1 + r_1) + 2r_1)\delta \leq C_2(1 + r_1)$, the $(n, 0)$ -property is satisfied. Note also that $\{q_{m,n}(v_1), q_{m,n}(v_2)\} \in F_0^m$ for all $m \geq n$ if $\{v_1, v_2\} \in F_0^n$ such that $d(v_1, v_2) \geq C_2(1 + r_1)\delta^n$.

5. End of the proof

By iterating the above algorithm, we construct a sequence $(G_0^n)_{n > n_0}$ of graphs and a sequence $f_0^n: I_0^n \rightarrow D_0^n$ of 1-Lipschitz surjections such that $I_0^n \subset [0, 2l(T_0^n)]$ for all $n > n_0$.

Let $n > n_0$, $k \in \{1, \dots, \#A_n\}$ and $y \in D_{k-1}^{n-1}$. Denote

$$\mathcal{I} = \{i \in \{k, \dots, \#A_n\} : \vartheta(x_i^n, n) \geq \varepsilon_0 \text{ and } d(x_i^n, y) = d(x_i^n, D_{i-1}^{n-1})\}$$

and further for $j = 0, 1, 2, \dots$ set

$$\mathcal{I}_j = \{i \in \mathcal{I} : (1 + \varepsilon_0)^{-j-1} d < d(x_i^n, y) \leq (1 + \varepsilon_0)^{-j} d\},$$

where $d = \max\{d(x_i^n, y) : i \in \mathcal{I}\} \leq (1 + r_1)\delta^{n-1}$. Let $j \in \{0, 1, 2, \dots\}$. We show that $\#\mathcal{I}_j \leq 2$. Suppose this fails and there exist $i_1, i_2, i_3 \in \mathcal{I}_j$ with $i_1 < i_2 < i_3$.

Since $R_2 \leq 1 - 2r_1$ and $\delta R_3 \geq 2(1 + r_1)$, we have $\{y, x_{i_1}^n, x_{i_2}^n, x_{i_3}^n\} \in \mathcal{O}(\varepsilon_0)$. Denote $d_l = d(x_{i_l}^n, y)$ for $l = 1, 2, 3$. Since $\varepsilon_0 \geq 1/2$,

$$d_1 + \varepsilon_0 d_3 + \varepsilon_0(d_2 + \varepsilon_0 d_3) - (d_1 + d_2) > (2\varepsilon_0 - 1)(1 + \varepsilon_0)^{-j} d \geq 0.$$

Thus we have $z_1 z_2 y$ for some $z_1, z_2 \in \{x_{i_1}^n, x_{i_2}^n, x_{i_3}^n\}$. This implies $d(z_1, z_2) \leq d(z_1, y) - \varepsilon_0 d(z_2, y) \leq (1 + \varepsilon_0)^{-j-1} d$, which is a contradiction. So we have

$$\sum_{i \in \mathcal{I}} d(x_i^n, y) = \sum_{j=0}^{\infty} \sum_{i \in \mathcal{I}_j} d(x_i^n, y) \leq \sum_{j=0}^{\infty} 2(1 + \varepsilon_0)^{-j} d = \frac{2(1 + \varepsilon_0)d}{\varepsilon_0}.$$

Let $n_0 < n' \leq m$, $k' \in \{1, \dots, \#A_{n'}\}$, and assume that $\{y', z'\} \in F_{k'-1}^{n'-1}$. Then, since $\delta \leq 1 - 2r_1$,

$$(16) \quad \frac{d(y', z')}{d(q_{m,n'}(y'), q_{m,n'}(z'))} < \frac{(1 - \delta)(1 - r_1)}{1 - \delta - 2r_1}.$$

Suppose that $C_2 d(x_{k'}^{n'}, y') \leq d(y', z')$. If now $n' < n \leq m$ and $x \in A_n$, we have

$$d(x, D_0^{n-1}) \leq (1 + r_1)\delta^{n-1} < \frac{(1 + r_1)\delta^{n-n'-1} d(x_{k'}^{n'}, y')}{1 - 2r_1} \leq \frac{(1 + r_1)\delta^{n-n'-1} d(y', z')}{(1 - 2r_1)C_2}.$$

Using these estimates and (8) we get

$$\begin{aligned} & \sum_{k \in \Lambda_{n'}(y') \cup \Lambda_{n'}(z'), k \geq k'} (l(G_k^{n'-1}) - l(G_{k-1}^{n'-1})) + \sum_{n=n'+1}^m \sum_{k \in \Lambda_n(y') \cup \Lambda_n(z')} (l(G_k^{n-1}) - l(G_{k-1}^{n-1})) \\ & \leq M_1 d(q_{m,n'}(y'), q_{m,n'}(z')) \leq M_1 w_0^m (\{q_{m,n'}(y'), q_{m,n'}(z')\}) \end{aligned}$$

for all $m \geq n'$, where

$$\Lambda_n(v) = \{k \in \{1, \dots, \#A_n\} : \vartheta(x_k^n, n) \geq \varepsilon_0 \text{ and } d(x_k^n, q_{n-1,n'}(v)) = d(x_k^n, D_{k-1}^{n-1})\}$$

for $v \in D_{\#A_{n'}}^{n'-1}$ and

$$M_1 = \frac{4(1 + \varepsilon_0)(1 + 2C_1)(1 - \delta)(1 - r_1)}{C_2 \varepsilon_0 (1 - \delta - 2r_1)} \left(1 + \frac{1 + r_1}{(1 - 2r_1)(1 - \delta)}\right).$$

From this we get

$$(17) \quad \sum_{n=n_0+1}^m \sum_{k \in \Lambda_n^1} (l(G_k^{n-1}) - l(G_{k-1}^{n-1})) \leq M_1 l(T_0^m)$$

for all $m > n_0$, where

$$\Lambda_n^1 = \{k \in \{1, \dots, \#A_n\} : \text{Case 2 applies to } x_k^n \text{ at stage } n\}.$$

Let $n > n_0$, $k \in \{1, \dots, \#A_n\}$ and $\{y, b\} \in E_{k-1}^{n-1}$, where $b \in V_{k-1}^{n-1} \setminus D_{k-1}^{n-1}$. Denote

$$\mathcal{I} = \{i \in \{k, \dots, \#A_n\} : \{x_i^n, b\} \in E_i^{n-1}\}$$

and further for $j = 0, 1, 2, \dots$ let

$$\mathcal{I}_j = \{i \in \mathcal{I} : (1 + \varepsilon_0)^{-j-1} d < d(x_i^n, D_{i-1}^{n-1}) \leq (1 + \varepsilon_0)^{-j} d\},$$

where $d = \max\{d(x_i^n, D_{i-1}^{n-1}) : i \in \mathcal{I}\} \leq (1 + r_1)\delta^{n-1}$. We show that $\#\mathcal{I}_j \leq 2$ for all j . Suppose that this fails and for some j there exist $i_1, i_2, i_3 \in \mathcal{I}_j$, $i_1 < i_2 < i_3$, such that $d(x_{i_l}^n, x_{i_{l-1}}^n) = d(x_{i_l}^n, D_{i_{l-1}}^{n-1})$ for $l = 2, 3$. Denote $x_l = x_{i_l}^n$ for $l = 1, 2, 3$ and let $x_0 \in E$ such that $d(x_1, x_0) = d(x_1, D_{i_1-1}^{n-1})$. Now $x_l x_{l+1} x_{l+2}$ for $l = 0, 1$. Namely, if this is not true for fixed l , there exists a nonempty set $\{y_1, \dots, y_p\} \subset D_{i_{l+2}-1}^{n-1}$ such that $y_p x_{l+1} x_{l+2}$, $x_l y_1 x_{l+1}$ and $y_q y_{q+1} x_{l+1}$ for $q = 1, \dots, p-1$. Since $(1 + \varepsilon_0)^{-j-1} d < d(z_1, z_2) \leq 3(1 + \varepsilon_0)^{-j} d$ for each distinct points $z_1, z_2 \in \{x_0, x_1, x_2, x_3, y_1, \dots, y_p\} \subset B(x_1, 2(1 + \varepsilon_0)^{-j} d)$, $\vartheta(x_1, n) \geq \varepsilon_0$ and we have chosen $\delta R_3 \geq 2(1 + r_1)$, $R_2 \leq 1 - 2r_1$ and

$$\varepsilon_0^3 \geq \frac{12(1 + \varepsilon_0) - 1}{12(1 + \varepsilon_0) + 1},$$

$\{x_0, x_1, x_2, x_3, y_1, \dots, y_p\}$ has an order by Lemma 2.3 of [3], from which we conclude $x_l x_{l+1} x_{l+2}$. Since $\max\{d(x, D_{i-1}^{n-1}) : x \in A_k\} = d(x_1, x_0) < d(x_2, x_0)$, there exists $z \in D_{i_1-1}^{n-1} \setminus \{x_0\}$ such that $d(x_2, z) \leq d(x_1, x_0)$. As above, $\{x_0, x_1, x_2, x_3, z\}$ has an order. Since $d(x_l, x_{l-1}) = d(x_{i_l}^n, D_{i_{l-1}}^{n-1})$ for $l = 1, 2, 3$, we must have $x_0 x_1 x_2 x_3 z$. From this we get $d(x_2, z) \geq d(x_2, x_3) + \varepsilon_0 d(x_3, z) > (1 + \varepsilon_0)^{-j} d \geq d(x_1, x_0)$, which is a contradiction. Thus we have

$$\sum_{i \in \mathcal{I}} d(x_i^n, D_{i-1}^{n-1}) = \sum_{j=0}^{\infty} \sum_{i \in \mathcal{I}_j} d(x_i^n, D_{i-1}^{n-1}) \leq \sum_{j=0}^{\infty} 2(1 + \varepsilon_0)^{-j} d = \frac{2(1 + \varepsilon_0)d}{\varepsilon_0}.$$

Using this and (12) we get

$$(18) \quad \sum_{n=n_0+1}^m \sum_{k \in \Lambda_n^2} (l(G_k^{n-1}) - l(G_{k-1}^{n-1})) \leq M'_1 (l(G_0^m) - l(T_0^m))$$

for all $m > n_0$, where

$$\Lambda_n^2 = \{k \in \{1, \dots, \#A_n\} : \text{Case 4 applies to } x_k^n \text{ at stage } n\},$$

$$M'_1 = \frac{2(1 + \varepsilon_0)}{C_1 \varepsilon_0} \left(1 + \frac{1 + r_1}{(1 - 2r_1)(1 - \delta)}\right).$$

Since $\delta^{n_0+1} < d(E) \leq C'_1 \delta^{N_1-1}$ (see pages 102 and 109), we have $N_1 - n_0 < 2 - \log C'_1 / \log \delta$. Using this and $\#A_n \leq 2M_0^2 \delta^{-n} d(E)$ we get

$$\sum_{n=n_0+1}^{N_1-1} \#A_n \cdot (1 - \varepsilon_0)(1 + r_1)\delta^{n-1} < C''_1 d(E),$$

where

$$C''_1 = \left(1 - \frac{\log C'_1}{\log \delta}\right) \frac{2M_0^2(1 - \varepsilon_0)(1 + r_1)}{\delta}.$$

Thus by using (9), (16) and (11) we get

$$(19) \quad \begin{aligned} & \sum_{n=n_0+1}^m \sum_{k \in \Lambda_n^3} (l(G_k^{n-1}) - l(G_{k-1}^{n-1})) \leq C_1'' d(E) + M_2 l(T_0^m) \\ & + C_4 \sum_{n=N_1}^m \sum_{k \in \Lambda_n^3} \int_{B(x_k^n, R_4 \delta^n)} \int_{T_n^2(z_3)} \int_{T_n^2(z_3) \setminus B(z_2, r_4 \delta^n)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3, \end{aligned}$$

for all $m > n_0$, where

$$\begin{aligned} \Lambda_n^3 &= \{k \in \{1, \dots, \#A_n\} : \text{Case 3 applies to } x_k^n \text{ at stage } n\}, \\ M_2 &= \frac{(1 - \varepsilon_0)(1 - \delta)(1 - r_1)}{1 - \delta - 2r_1}. \end{aligned}$$

Since $N_2 - n_0 < 2 - \log C_2' / \log \delta$ (see page 116) and $\#D_0^n \leq 2M_0^2 \delta^{-n} d(E)$ for $n > n_0$, we have

$$\min\{2r_1, 1 - \varepsilon_0\} d(E) + \sum_{n=n_0+2}^{N_2-1} \#D_0^{n-1} \cdot h \delta^n < C_2'' d(E),$$

where

$$C_2''' = \min\{2r_1, 1 - \varepsilon_0\} - \frac{2M_0^2 h \delta \log C_2'}{\log \delta}.$$

Let $n_0 < n' \leq m$ and assume that $b \in V_0^{n'} \setminus D_0^{n'}$. For any $n \geq n'$ let $k_n^1(b) \in \{1, \dots, \#D_0^n\}$ be the unique index such that $b \in V_{\#A_n}^{n-1}(x_{k_n^1(b)}^n)$. Denote also by $y_n(b)$ the unique vertex in $D_{\max\{k_n^1(b), \#A_n\}}^{n-1}$ for which $\{q_{n,n}(y_n(b)), b\} \in P_0^n(q_{n,n}(x_{k_n^1(b)}^n))$. We have

$$\begin{aligned} & \sum_{n \geq n', k_n^1(b) > \#A_n} (w_{k_n^1(b)}^{n-1}(\{q_n(x_{k_n^1(b)}^n), y_n(b)\}) - w_{k_n^1(b)-1}^{n-1}(\{x_{k_n^1(b)}^n, y_n(b)\})) \\ & \leq \sum_{n=n'}^{\infty} r_1 \delta^n = \frac{r_1 \delta^{n'}}{1 - \delta} \end{aligned}$$

and

$$w_0^m(q_{m,m}(x_{k_m^1(b)}^m), b) = w_0^{n'}(q_{n',n'}(x_{k_{n'}^1(b)}^{n'}), b) > C_1(1 - 2r_1)\delta^{n'}.$$

Assume now that $\{y, z\} \in F_{\#A_{n'}}^{n'-1}$ such that $\{q_{n,n'}(y), q_{n,n'}(z)\} \in F_0^n$ for all $n \geq n'$. For $x \in D_{\#A_{n'}}^{n'-1}$ and $n \geq n'$ let $k_n^2(x) \in \{1, \dots, \#D_0^n\}$ such that $q_{n-1,n'}(x) = x_{k_n^2(x)}^n$. Denote also

$$n(x_1, x_2) = \inf \{n \geq n' : v_n(x_1, x_2) \in E \text{ and } q_{n-1,n'}(x_1) \notin A_n\}$$

for $\{x_1, x_2\} \in F_{\#A_{n'}}^{n'-1}$, where $v_n(x_1, x_2)$ is the unique vertex in $V_{\max\{k_n^2(x_1), \#A_n\}}^{n-1}$ such that $\{q_{n,n'}(x_2), q_{n,n'}(v_n(x_1, x_2))\} \in P_0^n(q_{n,n'}(x_1))$. Now

$$\begin{aligned} & \sum_{n=n(y,z)}^m (w_{k_n^2(y)}^{n-1}(\{q_{n,n'}(y), v_n(y, z)\}) + w_{k_n^2(y)}^{n-1}(\{q_{n,n'}(y), p_n(z, y)\}) \\ & \quad - w_{k_n^2(y)-1}^{n-1}(\{q_{n-1,n'}(y), v_n(y, z)\}) - w_{k_n^2(y)-1}^{n-1}(\{q_{n-1,n'}(y), p_n(z, y)\})) \\ & + \sum_{n=n(z,y)}^m (w_{k_n^2(z)}^{n-1}(\{q_{n,n'}(z), v_n(z, y)\}) + w_{k_n^2(z)}^{n-1}(\{q_{n,n'}(z), p_n(y, z)\}) \\ & \quad - w_{k_n^2(z)-1}^{n-1}(\{q_{n-1,n'}(z), v_n(z, y)\}) - w_{k_n^2(z)-1}^{n-1}(\{q_{n-1,n'}(z), p_n(y, z)\})) \\ & \leq M_3 w_0^m(\{q_{m,n'}(y), q_{m,n'}(z)\}), \end{aligned}$$

where $p_n(x_1, x_2) \in D_{k_n^2(x_2)}^{n-1}$ such that $q_{n,n}(p_n(x_1, x_2)) = q_{n,n'}(x_1)$ for $\{x_1, x_2\} \in F_{\#A_{n'}}^{n'-1}$ and

$$M_3 = \frac{4r_1}{1 - \delta + 2r_1}.$$

Using these estimates, (13), (14) and (15) we get

$$\begin{aligned} (20) \quad & \sum_{n=n_0+1}^m \sum_{k=\#A_n+1}^{\#D_0^n} (l(G_k^{n-1}) - l(G_{k-1}^{n-1})) \\ & \leq C_2'' d(E) + M_3 l(T_0^m) + M_2' (l(G_0^m) - l(T_0^m)) \\ & + C_5 \sum_{n=n_0+1}^m \sum_{x \in H_n^1} \int_{B(x, (R_3+r_0)\delta^n)} \int_{T_n^1(z_3)} \int_{T_n^1(z_3) \cap T_n^1(z_2)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3 \\ & + C_6 \sum_{n=N_2}^m \sum_{x \in H_n^2} \int_{B(x, R_5\delta^n)} \int_{T_n^3(z_3)} \int_{T_n^3(z_3) \setminus B(z_2, r_4\delta^n)} c(z_1, z_2, z_3)^2 d\mu z_1 d\mu z_2 d\mu z_3 \end{aligned}$$

for all $m > n_0$, where

$$\begin{aligned} M_2' &= \frac{r_1}{C_1(1 - 2r_1)(1 - \delta)}, \\ H_n^1 &= \{x \in q_n(D_0^{n-1}) : \vartheta(x, n) < \varepsilon_0\}, \\ H_n^2 &= \{x \in q_n(D_0^{n-1}) : \vartheta(x, n) \geq \varepsilon_0\}. \end{aligned}$$

Combining the estimates (6), (7), (17), (18), (19), and (20) we get for all $m > n_0$

$$\begin{aligned} l(T_0^m) &\leq (1 + 2C_1 + C_1'' + C_2'')d(E) + (M_1 + M_2 + M_3)l(T_0^m) \\ &+ C_0 \sum_{n=n_0+1}^m \sum_{x \in D_0^n} \int_{B(x, R_0 \delta^n)} \int_{T_n(z_3)} \int_{T_n(z_3) \setminus B(z_2, \rho_0 \delta^n)} c(z_1, z_2, z_3)^2 d\mu_{z_1} d\mu_{z_2} d\mu_{z_3} \\ &+ (M_1' + M_2' - 1)(l(G_0^m) - l(T_0^m)), \end{aligned}$$

where

$$\begin{aligned} C_0 &= \max\{C_3, C_4, C_5, C_6\}, \\ R_0 &= \max\{R_3 + r_0, R_4, R_5\}, \\ \rho_0 &= \min\{R_2 - 2r_0, r_4\}, \\ T_n(z) &= B(z, R_1 \delta^n) \setminus B(z, \rho_1 \delta^n) \end{aligned}$$

for $z \in E$, where

$$\begin{aligned} R_1 &= \max\{2(R_3 + r_0), (r_3 + r_1)\delta^{-1}\}, \\ \rho_1 &= \min\{R_2 - 2r_0, r_2 - r_1\}. \end{aligned}$$

Let $n > n_0$, $y \in E$ and $D = B(y, (R_0 + r_1)\delta^n) \cap (A_n' \cup D_0^{n-1})$. Then

$$\begin{aligned} M_0((R_0 + r_1)\delta^n + \delta^n/2) &\geq \mu(B(y, (R_0 + r_1)\delta^n + \delta^n/2)) \\ &\geq \sum_{x \in D} \mu(B(x, \delta^n/2)) \geq \frac{\#D \cdot \delta^n}{2M_0}, \end{aligned}$$

from which we get

$$\#(B(y, R_0 \delta^n) \cap D_0^n) \leq \#D \leq M_0^2(2(R_0 + r_1) + 1).$$

Suppose now that $k_1 < k_2$ and $T_{k_1}(y) \cap T_{k_2}(y) \neq \emptyset$. Then $\rho_1 \delta^{k_1} < R_1 \delta^{k_2}$, which gives

$$k_2 - k_1 < \frac{\log R_1 - \log \rho_1}{-\log \delta}.$$

Thus we have for all $m > n_0$

$$\begin{aligned} &\sum_{n=n_0+1}^m \sum_{x \in D_0^n} \int_{B(x, R_0 \delta^n)} \int_{T_n(z_3)} \int_{T_n(z_3) \setminus B(z_2, \rho_0 \delta^n)} c(z_1, z_2, z_3)^2 d\mu_{z_1} d\mu_{z_2} d\mu_{z_3} \\ &\leq C_0' \int_E \sum_{n=n_0+1}^m \int_{T_n(z_3)} \int_{\mathcal{T}(z_2, z_3)} c(z_1, z_2, z_3)^2 d\mu_{z_1} d\mu_{z_2} d\mu_{z_3} \\ &\leq C_0' C_0'' \int_E \int_E \int_{\mathcal{T}(z_2, z_3)} c(z_1, z_2, z_3)^2 d\mu_{z_1} d\mu_{z_2} d\mu_{z_3} \\ &= C_0' C_0'' \int_{\mathcal{T}} c(z_1, z_2, z_3)^2 d\mu^3(z_1, z_2, z_3), \end{aligned}$$

where $C'_0 = M_0^2(2(R_0 + r_1) + 1)$, $C''_0 = (\log \rho_1 - \log R_1)/\log \delta$ and

$$\mathcal{T} = \{ (z_1, z_2, z_3) \in E^3 : d(z_i, z_j) < K_0 d(z_k, z_l) \text{ for all } i, j, k, l \in \{1, 2, 3\}, k \neq l \},$$

$$\mathcal{T}(z_2, z_3) = \{ z \in E : (z, z_2, z_3) \in \mathcal{T} \},$$

where

$$K_0 = \frac{R_1 \max\{2\rho_0, \rho_1\}}{\rho_0 \rho_1}.$$

By choosing the constants suitably we have $M_1 + M_2 + M_3 < 1$ and $M'_1 + M'_2 \leq 1$. Thus there exists a constant C (depending on M_0) such that

$$2l(T_0^m) \leq C(c^2(E) + d(E))$$

for all $m > n_0$. We denote $I_n = I_0^n$ and $f_n = f_0^n$ for $n > n_0$. Since now $I_n \subset [0, C(c^2(E) + d(E))]$ for all $n > n_0$, there exists a compact set $I \subset [0, C(c^2(E) + d(E))]$ such that $I_n \rightarrow I$ in the Kuratowski sense:

- (i) If $a = \lim_{k \rightarrow \infty} a_{n_k}$ for some subsequence (a_{n_k}) of a sequence (a_n) such that $a_n \in I_n$ for any n , then $a \in I$.
- (ii) If $a \in I$, then there exists a sequence (a_n) such that $a_n \in I_n$ for any n and $a = \lim_{n \rightarrow \infty} a_n$.

Let $a \in I$ and let $(a_n)_n$ be a sequence such that $a_n \in I_n$ for any n and $a_n \rightarrow a$ as $n \rightarrow \infty$. Let $m \geq n > n_0$. By the construction there is $b \in I_m$ such that

$$-\frac{2r_1\delta^{n+1}}{1-\delta} < -\sum_{k=n+1}^m 2r_1\delta^k \leq b - a_n \leq 2(l(T_0^m) - l(T_0^n)) + \frac{2r_1\delta^{n+1}}{1-\delta}$$

and $d(f_m(b), f_n(a_n)) \leq r_1\delta^{n+1}(1-\delta)^{-1}$. Using this we get

$$\begin{aligned} d(f_m(a_m), f_n(a_n)) &\leq d(f_m(a_m), f_m(b)) + d(f_m(b), f_n(a_n)) \\ &\leq |a_m - b| + d(f_m(b), f_n(a_n)) \\ &\leq |a_m - a_n| + |a_n - b| + r_1\delta^{n+1}(1-\delta)^{-1} \\ &\leq |a_m - a_n| + 2(l(T_0^m) - l(T_0^n)) + 3r_1\delta^{n+1}(1-\delta)^{-1}. \end{aligned}$$

From this we see that $(f_n(a_n))$ is a Cauchy sequence in E . Thus we can define $f: I \rightarrow \overline{E}$, where \overline{E} is the completion of E , by setting for $a \in I$

$$f(a) = \lim_{n \rightarrow \infty} f_n(a_n),$$

where (a_n) is a sequence such that $a_n \in I_n$ for any n and $a_n \rightarrow a$ as $n \rightarrow \infty$. Clearly $f(a)$ does not depend on the choice of the sequence (a_n) . Let $a, b \in I$ and let $a_n \rightarrow a$ and $b_n \rightarrow b$ such that $a_n, b_n \in I_n$ for any n . Now, since f_n is 1-Lipschitz for each n ,

$$\begin{aligned} d(f(a), f(b)) &\leq d(f(a), f_n(a_n)) + d(f_n(a_n), f_n(b_n)) + d(f_n(b_n), f(b)) \\ &\leq d(f(a), f_n(a_n)) + |a_n - b_n| + d(f_n(b_n), f(b)) \rightarrow |a - b| \end{aligned}$$

as $n \rightarrow \infty$. So f is 1-Lipschitz. It is also surjective. To check this let $x \in E$ and $r > 0$. Let $k \geq n_0$ such that $(1 + r_1)\delta^k + r_1\delta^{k+1}(1-\delta)^{-1} < r$. Now there is $c_k \in I_k$ such that $d(f_k(c_k), x) \leq (1 + r_1)\delta^k$. By the construction we have a sequence

$(c_n)_{n \geq k}$ such that $c_n \in I_n$, $d(f_n(c_n), f_k(c_k)) \leq r_1 \delta^{k+1} (1 - \delta)^{-1}$ and $|c_{n+1} - c_n| \leq 2(l(T_0^{n+1}) - l(T_0^n) + r_1 \delta^{n+1})$ for any $n \geq k$. From this we see that (c_n) is a Cauchy sequence and thus there is $c \in [0, C(c^2(E) + d(E))]$ such that $c_n \rightarrow c$. Now $c \in I$ by (i) and $d(f(c), x) < r$. Since $f(I)$ is compact, we deduce $E \subset f(I)$. Finally, we restrict f to $f^{-1}(E)$. The proof of Theorem 1.1 is now complete.

We actually showed that

$$(21) \quad \ell(E) \leq C \left(\int_{\mathcal{T}} c(z_1, z_2, z_3)^2 d\mu^3(z_1, z_2, z_3) + d(E) \right).$$

A slight modification of the proof gives that we can take K_0 in the definition of \mathcal{T} as a universal constant such that (21) holds for some C depending only on the regularity constant of E .

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