Research Article

A Global Curvature Pinching Result of the First Eigenvalue of the Laplacian on Riemannian Manifolds

Peihe Wang¹ and Ying Li²

¹ School of Mathematical Sciences, Qufu Normal University, Shandong, Qufu 273165, China
² College of Science, University of Shanghai for Science and Technology, Shanghai 200093, China

Correspondence should be addressed to Peihe Wang; peihewang@hotmail.com

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1. Introduction

The Laplacian is one of the most important operators on Riemannian manifolds, and the study of its first eigenvalue is also an interesting subject in the field of geometric analysis. In general, people would like to estimate the first eigenvalue of the Laplacian in terms of geometric quantities of the manifolds such as curvature, volume, diameter, and injectivity radius. In this sense, the first interesting result is that of Lichnerowicz and Obata, which proved the following result in [1]: let $M^n$ be an $n$-dimensional compact Riemannian manifold without boundary with $\text{Ric}(M) \geq (n-1)$, then the first eigenvalue of the Laplacian on $M^n$ will satisfy that $\lambda_1(M) \geq n$, and the inequality becomes equality if and only if $M^n \cong S^n$.

The above result implies that the first eigenvalue of the Laplacian will have a lower bound less than $n$ if the Ricci curvature of manifolds involved has a lower bound $n-1$ except on a small part where the Ricci curvature satisfies $\text{Ric}(M) \geq 0$. Now a natural question arises: what is the lower bound of the first eigenvalue of Laplacian on such a manifold? In [2], Petersen and Sprouse gave a lower bound under the assumption that the Ricci curvature is small in the sense of $L^p$-norm, where $p$ is a constant larger than half of the dimension of the manifold. In this paper, we are interested in the lower bound of the first eigenvalue with the global pinching of the Ricci curvature and we obtain a universal estimate of this lower bound on a certain class of manifolds.

2. A Sobolev Constant on the Geodesic Ball

The Sobolev inequality is one of the most important tools in geometric analysis, and the Sobolev constant plays an important part in the study of this field. In this section, we will obtain a general Sobolev constant only depending on the dimension of the manifold on the geodesic ball with small radius.

Definition 1. Let $B_p(R) \subseteq M$ be a geodesic ball with radius $R$; we define the Sobolev constant $C_s(R)$ on it to be the infimum among all the constants $C$ such that the inequality $\|f\|_{L^{2n/(n-2)}}^2 \leq C\|\nabla f\|_2^2$ holds for all $f \in W^{1,2}_0(B_p(R))$.

Definition 2. Let $B_p(R) \subseteq M$ be a geodesic ball with radius $R$; we define the isoperimetric constant $C_0(R)$ on it to be the supremum among all the constants $\alpha$ such that the inequality $\text{Area}(\partial \Omega) \geq \alpha \text{Vol}(\Omega)^{1/(1/n)}$ holds for all $\Omega \subseteq B_p(R)$ with smooth boundary.

For any fixed point $p$ and radius $R$, Croke proves that the equality $C_s(R) = 4((n-1)/(n-2))^2 C_0(R)^{-2}$ holds [3], but one expects the constant $C_s(R)$ to be independent on the location of the point $p$, under some assumptions. In what follows, we will give an upper bound to $C_s(R)$ independent of the point $p$.

Let $M$ be an $n$-dimensional Riemannian manifold, $SM$ is the unit tangent bundle of $M$, and $\pi : SM \rightarrow M$ is the canonical projective map. $\Omega \subseteq M, \xi \in S\Omega, \gamma_\xi(t)$ is the
normalized geodesic from \( \pi(\xi) \) with the initial velocity \( \xi \). We define some notations as follows:

\[
\tau(\xi) = \sup \{ \tau > 0 \mid y(\xi)(t) \in \Omega, \forall t \in (0, \tau) \}.
\] (1)

\( C(\xi) \) is the arc length from \( \pi(\xi) \) to the cut locus point along \( y(\xi)(t) \). Consider

\[
U\Omega = \{ \xi \in S\Omega \mid C(\xi) \geq \tau(\xi) \},
\]
\[
U_x = (\pi \mid U\Omega)^{-1}(x); \quad \omega_x = \frac{\mu_x(U_x)}{c_{n-1}}; \quad \omega = \inf_{x \in \Omega} \omega_x,
\]

where \( \mu_x \) is the standard surface measure of the unit sphere, \( c_{n-1} \) is denoted to be the area of the unit sphere \( S^{n-1} \).

Definition 3. Using the Notation above, \( \omega = \inf_{x \in \Omega} \omega_x \) is called the visibility angle of \( \Omega \).

If the manifold has \( \text{Inj}(M) \geq i \) which ensures that any minimal geodesic starting from any point in \( B_p(i/2) \) will reach the boundary \( \partial B_p(i/2) \) before it reaches its cut locus, then the visibility angle of \( B_p(i/2) \) for any point \( p \) which we denote by \( \omega(i/2) \) satisfies \( \omega(i/2) = 1 \).

Lemma 4. Let \( M^n \) be a closed \( n \)-dimensional Riemannian manifold with \( \text{Inj}(M) \geq i \), then for any \( p \in M \), the following Sobolev inequality holds on \( B_p(i/2) \): \( \| f \|_{2n/(n-2)}^2 \leq C(\omega) \| \nabla f \|^2_{2n/(n-2)} \) for all \( f \in W^{1,2}(B_p(i/2)) \) and \( C = C(n) \).

Proof. Croke proved the following inequality [4]:

\[
\frac{\text{Area}(\partial \Omega)}{\text{Vol}(\Omega)^{1-(1/n)}} \geq \frac{c_{n-1}}{(c_i/2)^{1-(1/n)}} \omega^{1+(1/n)/2},
\] (3)

where \( \Omega \subseteq B_p(i/2), \partial \Omega \in C^{\infty} \), and \( \omega \) is just the visibility angle of the domain \( \Omega \).

As discussed above, we will have \( \omega(\Omega) = 1 \) if \( \Omega \subseteq B_p(i/2) \); then according to Croke’s inequality, we obtain \( C_0(i/2) \geq c_{n-1} (c_i/2)^{1-(1/n)} \). The relation between \( C_0(i/2) \) and \( C_i(i/2) \) tells us that \( C_i(i/2) \leq C(n) \), where \( C(n) \) is a constant only depending on the dimension \( n \).

Proposition 5. Let \( M^n \) be a closed \( n \)-dimensional Riemannian manifold with \( \text{Inj}(M) \geq i \), then for all \( p \in \Omega \), \( \text{Vol}(B_p(i/2)) \geq C_p^n \), where \( C_p(n) \) is a constant only depending on the dimension \( n \).

Proof. Also take the inequality of Croke

\[
\frac{\text{Area}(\partial \Omega)}{\text{Vol}(\Omega)^{1-(1/n)}} \geq \frac{c_{n-1}}{(c_i/2)^{1-(1/n)}} \omega^{1+(1/n)/2},
\] (4)

then the result can easily be derived from the fact that \( \omega(i/2) = 1 \) and \( \text{Area}(\partial B_p(r)) = d\text{Vol}(B_p(r))/dr \) after we integrate both sides of the inequality.

3. The First Eigenfunction and Eigenvalue

Let \( M^n \) be a closed \( n \)-dimensional Riemannian manifold; suppose that \( \lambda_1(M) \) is the first eigenvalue of the Laplacian and \( u \) is the first eigenfunction. In other words, they will satisfy \( \Delta u + \lambda_1(M) u = 0 \). By linearity, we can assume that \( -1 \leq u \leq 1 \) and \( \inf_{x \in M} u = -1 \) for the linearity. For the convenience, we call it the normalized eigenfunction. Next we will study some properties of the normalized eigenfunction and the eigenvalue.

Lemma 6. Let \( M^n \) be a closed \( n \)-dimensional Riemannian manifold with \( \text{Ric}(M) \geq 0 \) and \( \text{Inj}(M) \geq i \). Then, a constant \( C_1(n, i) > 0 \) can be found such that \( \lambda_1(M) \leq C_1(n, i) \).

Proof. One of the theorems of Yau and Schoen [1] shows that \( \lambda_1(M) \leq E_i/n^2 \leq E_i/n^2 \) if \( \text{Ric}(M) \geq 0 \), where \( d \) is the diameter of the manifold and \( E_i \) is a constant depending only on \( n \).

We will now introduce some notation. Let \( \text{Ric} \) denote the lowest eigenvalue of the Ricci curvature tensor at \( x \). For a function \( f(x) \) on \( M^n \), we denote \( f(x) = \max(f(x), 0) \). Notice that a Riemannian manifold satisfies \( \text{Ric} \geq n - 1 \) if and only if \((n - 1) - \text{Ric}_+ \equiv 0 \).

The well-known Myers theorem shows that a closed manifold with \( \text{Ric} \geq n - 1 \) would have a bounded diameter \( d \leq \pi \). In other words, one can deduce that \( d \leq \pi \) if one has \((1/\text{Vol}(M)) \int_M ((n - 1) - \text{Ric}_+), d\text{vol} = 0 \). We will show next a result analogous to the one in [5] which we will use in our estimation of the eigenvalue. The proof follows identically; so it will be omitted (the reader can refer to the aforementioned article).

Lemma 7. Let \( M^n \) be a closed \( n \)-dimensional Riemannian manifold with \( \text{Ric}(M) \geq 0 \), then for any \( \delta > 0 \), there exists \( \epsilon_0 = \epsilon_0(n, \delta) > 0 \) such that if

\[
\frac{1}{\text{Vol}(M)} \int_M ((n - 1) - \text{Ric}_+) d\text{vol} \leq \epsilon_0(n, \delta),
\] (5)

then the diameter will satisfy \( d < \pi + \delta \). In particular, there exists \( \epsilon_1 = \epsilon_1(n) \) such that if

\[
\frac{1}{\text{Vol}(M)} \int_M ((n - 1) - \text{Ric}_+) d\text{vol} \leq \epsilon_1(n),
\] (6)

then the diameter will satisfy \( d < 2\pi \). This fact, together with the volume comparison theorem, implies that \( \text{Vol}(M) \leq C_2(n) \), where \( C_2(n) \) is also a constant only dependent of \( n \).

Now, we can get a rough lower bound for the first eigenvalue.

Lemma 8. For \( n \in \mathbb{N} \), let \( \epsilon_1 = \epsilon_1(n) > 0 \) as above and suppose that \( M^n \) is a closed manifold with

\[
\frac{1}{\text{Vol}(M)} \int_M ((n - 1) - \text{Ric}_+) d\text{vol} \leq \epsilon_1(n);
\] (7)
then there exists a constant $C_3(n) > 0$ such that $\lambda_1(M) \geq C_3(n)$.

Proof. The proof mainly belongs to Li and Yau [6]. Let $u$ be the normalized eigenfunction of $M$, set $v = \log (a + u)$ where $a > 1$. Then, we can easily get that

$$\Delta v = \frac{-\lambda_1(M) u}{a + u} - |Vv|^2.$$  \hspace{1cm} (8)

Denote that $Q(x) = |Vv|^2(x)$, and we then have by the Ricci identity on manifolds with $\text{Ric}(M) \geq 0$:

$$\Delta Q = 2 \nu_{ij}^2 + 2 \nu_{ij} \nu_{kij} \geq 2 \nu_{ij}^2 + 2 \langle Vv, V\Delta v \rangle.$$  \hspace{1cm} (9)

For the term $\nu_{ij}^2$, we have

$$\sum_{i,j} \nu_{ij}^2 \geq \frac{(\Delta v)^2}{n} \geq \frac{1}{n} \left( Q^2 + \frac{2 \lambda_1(M) u}{a + u} \right),$$  \hspace{1cm} (10)

and for the term $\langle Vv, V\Delta v \rangle$, we have

$$\langle Vv, V\Delta v \rangle = -\frac{a \lambda_1(M)}{a + u} Q - \langle Vv, VQ \rangle.$$  \hspace{1cm} (11)

Therefore, assume $x_0 \in M$ to be the maximum of $Q$; then at $x_0$, we have

$$0 \geq \frac{2}{n} Q(x_0) + \left( \frac{4 \lambda_1(M)}{n} - \frac{2(n + 2)a \lambda_1(M)}{n(a - 1)} \right).$$  \hspace{1cm} (12)

Therefore,

$$Q(x) \leq Q(x_0) \leq \frac{(n + 2)a \lambda_1(M)}{a - 1}. \hspace{1cm} (13)$$

Denote $\gamma$ to be the minimizing unit speed geodesic joining the maximum and minimum points of $u$; then integrating $Q^{1/2}$ along $\gamma$, one will get:

$$\log \left( \frac{a}{a - 1} \right) \leq \log \left( \frac{a + \max u}{a - 1} \right) \leq \frac{\left( (n + 2) a \lambda_1(M) \right)}{a - 1}.$$  \hspace{1cm} (14)

Let $t = (a - 1)/a$; then for any $t \in (0, 1)$, we have $(n + 2) \lambda_1(M) \geq t(d^2 - (\log(1/t))^2)$.

Considering the maximum of the right hand and the upper bound of the diameter derived in Lemma 7, we can deduce that a positive constant $C_3(n)$ can be found such that

$$\lambda_1(M) \geq \frac{4e^{-2}}{(n + 2) d^2} \geq C_3(n),$$  \hspace{1cm} (15)

where $d$ is the diameter of the manifold. \hfill \square

Corollary 9. If the manifold one discussed satisfies all the conditions in Lemma 8 and its injectivity radius satisfies $\text{Inj}(M) \geq i$ and if one let $u$ to be the normalized eigenfunction, then there exists a constant $C_4(n, i) > 0$ such that $|Vu|^2 \leq C_4(n, i)$.

Proof. Set $a = 2$ in the (13) from above. Then applying Lemma 6, one obtains

$$\frac{1}{9} |Vu|^2 \leq |Vv|^2(x) \leq 2C_1(n, i)(n + 2);$$  \hspace{1cm} (16)

therefore,

$$|Vu|^2 \leq C_4(n, i).$$  \hspace{1cm} (17)

\hfill \square

Proposition 10. Let $M^n$ be a closed $n$-dimensional Riemannian manifold, $u$ the first eigenfunction of the Laplacian, and $\lambda_1(M)$ the corresponding eigenvalue, then $\Delta u + \lambda_1(M)u \geq 0$ holds in the sense of distribution. Moreover, if $M^n$ is compact with boundary, then the same conclusion holds for its Neumann boundary value problem.

Proof. From the definition, we know that $\Delta u + \lambda_1(M)u = 0$ holds on $M$. Denote

$$M^+ = \{ x \in M \mid u(x) > 0 \},$$

$$M^- = \{ x \in M \mid u(x) < 0 \},$$

$$M^0 = \{ x \in M \mid u(x) = 0 \}.$$

According to the maximum principle of elliptic equation and the discussion about nodal set and nodal regions in [1], we can conclude that $\partial M^+ = \partial M^- = M^0$ is a smooth manifold with dimension $n - 1$.

For all $\phi \in C^\infty_0(M), \phi \geq 0$, integrating by parts we then have

$$\int_M |u| \Delta \phi + \lambda_1(M) \phi |u| = \int_{M^+} |u| \Delta \phi + \lambda_1(M) \phi |u| + \int_{M^-} - |u| \Delta \phi + \lambda_1(M) \phi |u|$$

$$= \int_{\partial M^+} \left( u \frac{\partial \phi}{\partial n^+} - \phi \frac{\partial u}{\partial n^+} \right) + \int_{M^+} \phi (\Delta u + \lambda_1(M) u)$$

$$- \int_{\partial M^-} \left( u \frac{\partial \phi}{\partial n^-} - \phi \frac{\partial u}{\partial n^-} \right) - \int_{M^0} \phi (\Delta u + \lambda_1(M) u)$$

$$= \int_{\partial M^+} - \phi \frac{\partial u}{\partial n^+} - \int_{\partial M^-} \phi \frac{\partial u}{\partial n^-} \geq 0,$$  \hspace{1cm} (19)

where $n^+$ and $n^-$ denote the outward normal direction with respect to the boundaries of $M^+$ and $M^-$, respectively. Note that $\partial u/\partial n^+ \geq 0$ on $\partial M^+$ and $\partial u/\partial n^- \leq 0$ on $\partial M^-$ for the definition of $M^+$ and $M^-$. This completes the proof. \hfill \square

When $M$ has boundary, we can apply the same reasoning, except that the test function will require $\phi \in C^\infty_0(M)$. This gives the proof.

As long as the given manifold is compact, one knows that the first normalized eigenfunction is then determined. This indicates that the first normalized eigenfunction of the Laplacian has a close relation with the geometry of...
the manifold. In particular, one would hope to bound the $L^2$-norm of first normalized eigenvalue of Laplacian from below by the geometric quantities. In this sense, we have the following result.

**Theorem 11.** Let $M^n$ be a closed $n$-dimensional Riemannian manifold with $\text{Ric}(M) \geq 0$ and $\text{Inj}(M) \geq 1$. If $u$ is the normalized eigenfunction of the Laplacian, then there exists a constant $C_5(n, i) > 0$ such that $\int_M u^2 \geq C_5(n, i)$.

**Proof.** We use Moser iteration to get the result. From Proposition 10, we know that $\Delta |u| + \lambda_1(M)|u| \geq 0$ holds on $M$ in the sense of distribution. Set $\nu = |u|$ and take the point $p \in M$ such that $u(p) = -1$.

For $a \geq 1$, denote $R = i/2$; $\phi$ is a cut-off function on $B_{p}(R)$, then we have by integrating parts:

\[
\lambda_1(M) \int_{B_{p}(R)} \phi^2 \phi^2 \Delta \nu = 2 \int_{B_{p}(R)} \phi^2 \phi^2 - 2(2 - a - 1) \int_{B_{p}(R)} \phi^2 \phi^2 \phi \nu \quad (20)
\]

\[
\geq 2 \int_{B_{p}(R)} \phi^2 \phi^2 + a \int_{B_{p}(R)} \phi^2 \phi^2 - 2a |\nabla \phi| \nu \.
\]

However, using the identity

\[
\int_{B_{p}(R)} |\nabla \phi|^2 = \int_{B_{p}(R)} |\nabla \phi|^2 + 2a \int_{B_{p}(R)} \phi^2 \phi^2 \phi \nu \]

\[
+ a^2 \int_{B_{p}(R)} \phi^2 \phi^2 - 2a |\nabla \phi| \nu \quad (21)
\]

we have

\[
\lambda_1(M) a \int_{B_{p}(R)} \phi^2 \phi^2 \geq \int_{B_{p}(R)} |\nabla \phi|^2 + 2a \int_{B_{p}(R)} \phi^2 \phi^2 \phi \nu \]

\[
\geq 2 \int_{B_{p}(R)} |\nabla \phi|^2 \geq 1 \left( \int_{B_{p}(R)} \phi^2 \phi^2 \phi \nu \right) \]

\[
= \frac{1}{C} \| \phi \|_{2n/(n-2)}^2 .
\]

Therefore, using the Sobolev inequality in Lemma 4,

\[
\lambda_1(M) a \int_{B_{p}(R)} \phi^2 \phi^2 + \int_{B_{p}(R)} \phi^2 \phi^2 \phi \nu \]

\[
\geq 1 \left( \int_{B_{p}(R)} \phi^2 \phi^2 \phi \nu \right)^{n/(n-2)}
\]

\[
= \frac{1}{C} \| \phi \|_{2n/(n-2)}^2 .
\]

Let

\[
\phi = \begin{cases} 
1, & \text{in } B_{p}(\rho), \\
\rho + \sigma - r & \text{in } \frac{B_{p}(\rho + \sigma)}{B_{p}(\rho)}, \\
0, & \text{in } \frac{B_{p}(R)}{B_{p}(\rho + \sigma)}. 
\end{cases}
\]

Putting $\phi$ into the inequality above and we then have by splitting the integral into three parts and using the values of $\phi$ on each of them:

\[
\|u\|_{2\alpha a/(n-2); B_{p}(\rho)} \leq \left[ C \left( \lambda_1(M) a + \frac{1}{\sigma^2} \right) \right]^{1/2a} \|u\|_{2, B_{p}(\rho + \alpha)}
\]

where we denote $\|f\|_{p, \Omega} = (\int_{\Omega} f^p)^{1/p}$ only for emphasizing the integral domain.

Set

\[
\{a_j\} : a_0 = 1, a_1 = \frac{n}{n-2}, \ldots, a_j = \left( \frac{n}{n-2} \right)^j,
\]

\[
\{\sigma_j\} : \sigma_0 = \frac{R}{4}, \sigma_1 = \frac{R}{8}, \ldots, \sigma_j = \frac{R}{2^j(2^{j+1})},
\]

\[
\{\rho_j\} : \rho_0 = R, \ldots, \rho_j = R - \sum_{s=0}^{j} \sigma_i.
\]

And putting $\{a_j\}, \{\sigma_j\}, \{\rho_j\}$ into (25), we can derive after iteration that

\[
\|u\|_{2\alpha a/(n-2); B_{p}(\rho)} \leq \left[ C \left( \lambda_1(M) a_j + \frac{1}{\sigma_j^2} \right) \right]^{1/2a} \|u\|_{2, B_{p}(\rho)}
\]

Let $j \to +\infty$, then

\[
\|u\|_{2\alpha a/(n-2); B_{p}(\rho)} \leq \left[ \prod_{j=0}^{\infty} C \left( \lambda_1(M) a_j + \frac{1}{\sigma_j^2} \right) \right]^{1/2a} \|u\|_{2, B_{p}(\rho)}.
\]

The product can be estimated as follows:

\[
\prod_{j=0}^{\infty} C \left( \lambda_1(M) a_j + \frac{1}{\sigma_j^2} \right)
\]

\[
\leq \prod_{j=0}^{\infty} C \left( \lambda_1(M) + \frac{16}{R^2} \right)^{1/2a} 4^{1/2a},
\]

The right hand will converge to a fixed number by using the fact that $\prod_{j=0}^{\infty} B_{\nu(j)} = B_{\nu(\infty)}$ and the fact $\sum_{j=0}^{\infty} \mu(j)$ is finite for some $B \in R_+, \mu > 1$. From $\lambda_1(M) \leq C_1(n, i)$, we can find a positive constant $C_5(n, i) > 0$ such that

\[
\|u\|_{2\alpha a/(n-2); B_{p}(\rho)} \leq C_5^{-1/2} \|u\|_{2, B_{p}(\rho)} \leq C_5^{-1/2} \|u\|_{2, M}.
\]

Therefore,

\[
\int_{M} u^2 \geq C_5(n, i).
\]
4. The Lower Bound of the First Eigenvalue

Using the same notation as above, we can state the following result.

**Theorem 12.** For \( n \in \mathbb{N}, i, \delta \in \mathbb{R}^+ \), there is an \( \epsilon = \epsilon(n, i, \delta) > 0 \) such that any closed manifold \( M^n \) with \( \text{Ric}(M) \geq 0, \text{Inj}(M) \geq i \) and

\[
\frac{1}{\text{Vol}(M)} \int_M \left( (n - 1) - \text{Ric}_- \right) \, d\text{vol} \leq \epsilon \quad (32)
\]

will satisfy that \( \lambda_1(M) \geq n - \delta \).

**Proof.** Assume that \( u \) is the normalized eigenfunction of Laplacian on \( M^n \), let \( Q(x) = |\nabla u|^2 + \left( \lambda_1(M)/n \right) u^2 \), direct computation shows that

\[
\frac{1}{2} \Delta Q = u^2 + u_j u_{ij} + \frac{\lambda_1(M)}{n} |u|^2 + \frac{\lambda_1(M)}{n} u \Delta u \geq 1 - \frac{n}{n} \lambda_1(M) |u|^2 + u_j u_{ij}. \quad (33)
\]

Integrating both sides on \( M^n \), we have

\[
0 \geq 1 - \frac{n}{n} \lambda_1(M) \int_M |u|^2 \, d\text{vol} + \int_M R_{ij} u_i u_j \, d\text{vol} \geq 1 - \frac{n}{n} \lambda_1(M) \int_M |u|^2 \, d\text{vol} + \int_M \text{Ric} |u|^2 \, d\text{vol} \geq 1 - \frac{n}{n} \lambda_1(M) \int_M |u|^2 \, d\text{vol} + (n - 1) \int_M |\nabla u|^2 \, d\text{vol} - \int_M \left( (n - 1) - \text{Ric}_- \right) |u|^2 \, d\text{vol}; \quad (34)
\]

therefore,

\[
\frac{\lambda_1(M)}{n} \geq n - \text{Vol}(M) \left( \frac{1}{\lambda_1(M)} \int_M |u|^2 \, d\text{vol} \right) \text{Vol}(M) \quad (35)
\]

if we suppose that

\[
\frac{1}{\text{Vol}(M)} \int_M \left( (n - 1) - \text{Ric}_- \right) \, d\text{vol} \leq \epsilon_1(n). \quad (36)
\]

If \( \epsilon_1 \) is the one obtained in Lemma 7, then one has:

\[
\frac{\lambda_1(M)}{n} \geq n - \frac{C_2 C_4}{C_3 C_5} \text{Vol}(M) \left( (n - 1) - \text{Ric}_- \right) \, d\text{vol}. \quad (37)
\]

Finally, if one chooses

\[
0 < \epsilon = \epsilon(n, i, \delta) = \min \left\{ \epsilon_1, \delta \frac{C_3 C_5}{C_2 C_4} \right\}, \quad (38)
\]

then \( \lambda_1(M) \geq n - \delta \) as long as \( (1/\text{Vol}(M)) \int_M ((n - 1) - \text{Ric}_-) \, d\text{vol} \leq \epsilon \), and this proves the theorem.